

September 2019



Andover Senior Center

MONTHLY REVIEW

Andover Senior Center, 410 N. Lioba, Andover, KS 67002

Phone: 316.733.4441; asc-director@kscoxmail.com;

Jeannie Barnes ASC, Director

2019 Board of Directors

- * Rolland Benoit
President
- * Dixie Aarstad
Vice President
- * Pat Huck/Treasurer
- * Rita Herl
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- * Wade Brodin/Trustee
- * Ralph Rust/Trustee
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Trustee
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Past President



Do you like working with your hands? We have the opportunity to bake cookies for our First responders!

The cookie Bake will be held Monday the 9th at 2:00pm. The cookies will be delivered to our First Responders on September 11th, 2019.

The cookies will be handed out to our First Responders on September 11th. We want our City of Andover to know that we are a community of family and we truly care about our family!

The cookie bags will be individually signed by each person who participated.

Our mission is to foster fellowship and recreational enjoyment for the seniors in our community.

WEEKLY ACTIVITIES AT THE CENTER!

HAPPY ANNIVERSARY

Minton, Sam and Barbara 9/21

Creed, Lloyd and Peggy
9/24



HAPPY BIRTHDAY

Simmons, Arsula 9/1

Scruggs, Bonnie 9/2
Chinn, Karen 9/4

Thompson, Alvin 9/5

Hope, John 9/7

Stevenson, Rick 9/8

Ferris, Charles 9/11

Kluess, Virginia 9/11

Minton, Connie 9/11

Bushey, Roland 9/12

Durflinger, Don 9/12

Scott, Kathryn 9/13

Hicks, Linda 9/16

Rubalcaba, Pat 9/16

Fronko, Al 9/17

Hamman, Ellen 9/17

Cradduck, Robert 9/18

McNair, Lee 9/15

Combs, LaRilla 9/19

Bultman, Lia 9/24

Girk, Jody 9/24

Kaplan, Carolyn 9/26

Benoit, Paulette 9/28

Ross, Cynthia 9/28

Rust, Ralph 9/28

Mayginnes, Florence

9/29

Cornelison, Harlin 9/30

Mondays:

10:00 Exercise

11:30 Lunch

12:30 Movie Monday

Tuesdays:

10:00 Blood Pressure Check

10:00 Piano Music w/ Mike

11:30 Lunch

12:30-1:30 Memory Café & Fun Seekers

12:15 Pinochle

1:00 Pool Players

3:30-4:30 Exercise/Balance Class

Wednesdays:

10:00 Exercise

11:30 Lunch

1:00 Bridge Players

1:00 Bunco (3rd Wednesday)

Thursdays:

11:30 Lunch

12:15 Pinochle

12:30 Quilting Club/Busy Hands

1:00 Pool Players

1:00 Scrabble/Board Games

3:30-4:30 Exercise/Balance Class

7:00 Pitch/Pool Players

Fridays:

10:00 Exercise

11:30 Lunch

1:00 Prize Bingo

You can come over anytime-these are just regular scheduled activities!

SPECIAL ACTIVITIES IN SEPTEMBER

9/2-closed Labor Day

9/3-11:30-12:15 Cindy with Memory Care

9/4-11:30-12:15 Ryan regarding Identity Theft

9/5-9:00 am-11am Stepping On with Butler County EMS

9/5-11:30-12:15 Conn with Good Shepherd Hospice

9/6-11:30-12:15 Shannon with Humana

9/9-9:30 **Board Meeting: members welcome to attend**

9/9-12:45-2:30 **Movie Monday**

9/9-2:00 **Cookie Bake for our First Responders: members please attend (bring dough)**

9/10- 11:30-12:15 James Johnson with Design Benefits

9/11- 10:30am-11:30am Nail Painting by: Megan with Victoria Falls

9/11-Commodities

9/11-1:00 Bunco \$3.00

9/12-900am-11:00am Stepping On with Butler County EMS; Taught by: Sturt

9/13-11:30-12:15 Get away Easy Travel

9/16-12:45-2:30 Movie Monday

9/17-10:00-11:00 Angels Care Home Health

9/18-11:00-1:00 **Chicken and Noodle Lunch FUNDRAISER**

9/19-9:00-2:00 **“Health Resource Fair”**

9/20-11:00am **ASC General Membership meeting: members welcome to attend**

9/20-11:30-12:15 Medicare Solutions with Tom Drees

9/23-11:30-12:15 Home Health Hospice with marci

9/24-11:30-12:15 Chisholm: Nickki Teel and Atty. Mike Brown

9/25-9:30 Foot Care with Michelle \$25.00

9/26-9:00-11:00 Stepping On Class

9/26-11:30-12:15 Amy with Newton Medical Center

9/27-9:00- Hermes Foot Care CALL: 260-4110 for appointment

9/27-11:30-12:15-Regent Park

9/27-11:30-12:30- American Legion: GAD and Bingo promotion

9/27-5pm-7pm **Greater Andover Days BINGO (Button Required)**

ATTENTION ALL SENIORS:**GREATER ANDOVER DAYS EVENTS TO BE
HELD AT OUR SENIOR CENTER**

1. **BINGO FRIDAY NIGHT 9/27**
2. **BREAKFAST SATURDAY MORNING 9/28**

NEW CLASS:**"Stepping On"****STUART With EMS**

Will be teaching on the following dates:

September 5th/ 9:00 am - 11:00

September 12th/ 9:00 am - 11:00

September 26th/ 9:00 am - 11:00

October 3rd/ 9:00 am - 11:00

October 10th/ 9:00 am - 11:00

October 31/ 9:00 am - 11:00

Join us as Stacia shares:

"Healthy Aging"

Tuesday, 17th from 10-11 AM

Andover Senior Center in an interactive setting where you can ask questions and share concerns.

Angels Care Home Health provides educational classroom topics every month. Their goal is to assist us in staying healthy through education.

Join us...it might help you have a healthy and happy life!

Nail Painting
provided by
Victoria Falls



Wednesday, Sep. 11th
NEW TIME: 10:30-11:30
This is FREE to all who
would like their nails looking pretty



**Donuts with the Chief at
Andover Public Library**
Sep. 12th 10:00 am

CAREGIVER SUPPORT PROGRAM

Most families are unprepared for the drastic changes in their life brought on by various diseases and conditions. Angels Care Home Health will provide classroom topics the **3rd Tuesday every month, 10:00-11:00 AM**, that address a wide range of challenges common to families coping with Dementia, Alzheimer's and other diseases.

Upcoming topics for this 16 Class Course are:

September 17—The Behaviors

There will be more topics to come...**DON'T MISS OUT!**

All About The Members!

American Legion, Post 406

The American Legion BINGO game will be Saturday, September 14th & 28th 4-7 PM. Come on over and join us!



**The American Legion, Post 406 will Host:
Greater Andover Days Breakfast on Saturday
September 28th.
More information to come....**



**Come and celebrate
the September Birthday's with us
from 11:30 - 12:30 on the 27th!**

DID YOU KNOW...

The Andover Senior Center is an IRS approved 501(c)3! We are financed by donations, memorials, fundraisers, grants and special events. We appreciate your membership and donations to our Center. **THANK YOU!**

Hermes Foot Care

By Appointment Only:

Schedule “YOUR” appointment by calling today!

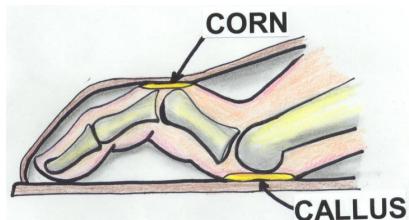
Call (316) 260-4110

September 27th at 9:00 am

Medicare approved

Accepting most health care providers

Stop by ASC office for details



ASC Bulletin Board

Fundraiser Chicken and Noodle Lunch

September 18th 11:00am to 1:00pm



ANDOVER SENIOR CENTER SPOTLIGHT!



NEW Change to our Lunch
Program: (Please Review)
Lunch is served Mon-Fri
11:30 am to 11:59 pm



Kitchen will close daily at Noon

New Option: Late meal pick-up: (follow instructions below).

- 1) Call 733-4441 before 9:40am to order a pick-up lunch order.
- 2) Stop by the ASC no latter than 12:15pm pay & pick-up lunch.

September 2019 - Menu

Lunch is a suggested donation of \$3.00 Please RSVP by 9:30 the morning of - 733-444

Meal Delivery is a suggested donation of \$4.00.

Reminder: Menu is subject to change!

COME JOIN US FOR LUNCH!

Mon	Tue	Wed	Thu	Fri
2 	3 Fish N' Chips Cole Slaw Dessert	4 Hamburgers Potato Salad Fresh veggies Dessert	5 Sloppy Joes Side Salad Steamed Veggies Dessert	6 Spaghetti Side Salad Mixed Veggies Dessert
9 Tomato Soup/ Grilled Cheese Sandwich Apple Sauce	10 Pizza, Salad *Sweet treat* 	11 Soft Taco Refried Beans Vegetable Dessert	12 Hot Cakes and Sausage patties w/ baked cinnamon apples	13 Cheesy Burrito Mexican Rice Vegetable Dessert
16 Caesar Salad Croissant Fruit Cup	17 Meatloaf Mashed Potato Green Beans Dessert	18 FUNDRAISER: <u>11:00-1:00</u> <u>Chicken N' Noodle</u> <u>Dinner</u> \$5.00 Dessert 	19 Pork Bacon- BLT Chips Fruit Dessert	20 Sweet Chili Meatballs Side Salad Dessert
23 Chef Choice 	24 Beef Tips w/Gravy Green Beans Side salad Homemade Pie	25 Goulash Peas Side Salad Dessert	26 Fried Chicken Taters and onions Veggie/Chef choice Dessert	27 Scrambled Eggs Biscuits and Gravy ALT/Fruit Cup B-Day 
28 Beans and Cornbread Fresh veggies Dessert	29 Chili Side Salad Dessert	30 Frito Chili Pie Veggie delight Dessert	BLT = Bacon, Lettuce, Tomato ALT = Alternative B-Day = Birthday Celebration with cake	

SUPPORT ANDOVER SENIOR CENTER:

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Did you know that Kroger donates regularly to the Andover Senior Center, to support our non-profit organization?

Simply go online to

<https://www.dillons.com/account/enrollCommunityRewardsNow/>



and designate Andover Senior Center as your charity and Kroger will donate a portion of your purchases when you use your Dillon's card!

This will NOT impact your fuel points!



REMINDER:

Upcoming Elections

At

Andover Senior Center

Please attend the September Board meeting and General Membership meeting for full details!



Just a Reminder	
Senior Center Needs:	
Help in the Kitchen	
Trash Bags 33 gallon	Clorox Wipes
Brownie Mix	Dish Soap
Decaf Coffee	Paper Plates
Kleenex Tissue	Popcorn!!!
Chips	Canned Pumpkin
Stove Top Stuffing	Muffin Mix
Canned Cream of Soups	



Only:

\$25.00

FOOT CARE

Nail Trimming

Corns/ Callus

Michelle Steinke will be here

September 25th at 9:30 AM



CHICKEN N' NOODLES

YES, YES, YES!

ANDOVER SENIOR CENTER

THURSDAY SEPTEMBER 18TH

11:00 AM – 1:00 PM

COST: \$5.00 PER PERSON

TO GO MEALS AVAILABLE



Please let your voice sound out during
our elections !



This is our public responsibility!!

DEADLINE to REGISTER is

ON OCTOBER THE 15TH!

**THIS IS IMPORTANT TO OUR FUTURE
FOR US AND OUR GRANDCHILDREN.**

