

OCTOBER 2019



# Andover Senior Center

## The MONTHLY REVIEW

Andover Senior Center, 410 Lioba, Andover, KS 316-733-4441, asc-director@kscoxmail.com  
Hours of Operation: Mon-Fri, 9:00 AM-5:00 PM; Jeannie Barnes, Director

**Hello, Happy October-Seasons are changing Welcome Fall.**

***Directors comments:*** *The Center is a wonderful gathering spot. We offer many educational and fun activities. And I hope to add and improve more activities that our members want and need.*

*Last month, I asked our members attending lunch, "Let me know what topics you would like our Speakers to chat about"? So, we are incorporating that list into our October calendar. Speak up, let us know what you want. We have a suggestion box right out side my door..... any ideas .....Let us know*

*A few of the discussions at our Monthly Board meeting and General Membership meeting: **Lunch meals will increase from \$3 to \$4, effective October 1. Non-member meals will be \$5 and delivered meals will be \$4 + \$1 delivery = \$5.***

*Membership fees will change to \$1 a month, for a \$12 yearly membership fee. For ease of prorating and tracking membership, we will have memberships run January to December.*

***We made the decision for the well being of our members to have the Center's entrance smoke free.*** *We moved one of the benches to the south side of the building for those members wishing to smoke. The bench by the front doors will be for patrons waiting for the bus, needing to sit, or visiting with friends and members. Those that smoke, please walk 15' to the south bench. We appreciate your cooperation on this health matter.*

*Soon that miserable person Mr. Flu will be quickly creeping up on us. Health concerns and courtesies: If we cough and sneeze, please cover your cough and sneeze into your elbow/arm. Wash your hands with soap and water, frequently. If you are sick, please stay home. Some of our members have compromised immune systems. Please be respectful of our members, nobody wants to get sick.*

*Proud of our Members - What a Blessed Group,  
Jeannie Barnes*

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### 2019 Board of Directors:

Rolland Benoit - President  
Dixie Aarstad - Vice President  
Rita Herl - Treasurer  
Pat Huck - Secretary  
Wade Brodin - Trustee  
Ralph Rush - Trustee  
Glenn Williams - Trustee  
Karen Osborne - Past Pres.  
Andover Senior Center  
Jeannie Barnes: Director

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HAPPY

ANNIVERSARY

Oct 3

Clarence & Doretha Horn

Oct 14 - Karen Bohrer

Oct 16

Vallari & William Eades

Oct 23

Debbie & Pete Wellenstein

Oct 24

Mark & Sharon Turner



HAPPY BIRTHDAY

Oct 1 - Steven Seckman

Oct 5 - Julie Clopton

Oct 12 - Doretha Horn

Oct 15 - Holly Peters

Oct 16 - Delfini Beltran

Oct 17 - David Hicks

Oct 18 - Robert Nugen

Oct 19 - Paula Parks

Oct 22 - Beth Grainger

Oct 22 - Deborah Brunetti

Oct 22 - Anita Pacheco

Oct 24 - Treva Sperlazza

Oct 26 - Corinne Graves

Oct 28 - Patricia Rahal

Oct 28 - Robert Dillon

Oct 31 - Jim Beer

Andover Senior Center

Something for  
**EVERYONE!**

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## WEEKLY ACTIVITIES AT THE CENTER!

### Mondays:

10:00 Exercise

11:30 Lunch

12:30 Movie Monday

1:00 Card Games & Wii

### Tuesdays:

10:00 Blood Pressure Check

10:00 Piano Music w/ Mike

11:30 Lunch

12:15 Pinochle

1:00 Pool Players

1:30 Memory Café ~ Fun Seekers

3:30-4:30 Exercise / Balance Class

### Wednesdays:

10:00 Exercise

11:30 Lunch

12:15 Pinochle

12:30 Quilting Club /Busy Hands

1:00 Bunco (2nd Wednesday)

1:00 Bridge Players

### Thursdays:

11:30 Lunch

12:15 Pinochle

12:30 Knife & Scissor Sharpening

12:30 Quilting Club/Busy Hands

1:00 Pool Players

1:00 Scrabble/Board Games

3:30 Exercise / Balance Class

7:00 Pitch / Pool Players

### Fridays:

10:00 Exercise

11:30 Lunch

11:30 Birthday cake (last Friday of Month)

1:00 Bingo

*You can come over anytime-these are just regular scheduled activities!*



## SPECIAL ACTIVITIES IN OCTOBER

10/02 Kitchen meeting 1:30pm: interested members please attend

10/03 Stepping On Class w/ Butler County EMS: 9-11am

10/04 Flu Clinic : 9:30-11:00am Butler County on Aging

10/07 Senior Center **Board Meeting 9:30am: Members Welcome**

10/08 Design Benefits with James Johnson 11:00am-12:15pm

10/09 Nail Painting by Megan w/ Victoria Falls 10:30-11:30am

10/09 Commodities: 10am-4pm

10/09 Bunco ~ \$3: 1:00pm

10/10 Stepping On Class w/Butler County EMS: 9-11am

10/10 Empowered Seniors: Avoiding Scams & Protecting your assets 10-11:30am

10/10 Gather Gospel Music Show 12:30-1:30pm

10/15 Angels Care Home Health 10-11am

10/14 Envision 11:30-12:15pm Marla

**10/16 Fundraiser: Monterrey Lunch \*\*\$5\*\* 11am to 1pm**

10/17 Medicare Sale Seminar with James 9:30-10:40am

10/17 Angels Care Home ~ Making decisions while living w/ a serious chronic illness

10/18 Senior Center **General Membership Mtg:** Members welcome at 11:00am

10/21 Hearing Life with Holly 10:00am-12:30pm

10/23 Foot Care call Michelle for apt. 946-0722

10/24 Medical Solutions with Tom Drees 9:30-11:30am: Sign up now

10/24 Shannon with Humana 2:30-Sign up now

10/25 Happy Birthday to all October Birthdays, cake served at lunch

10/31 Stepping on Class w/Butler County EMS: 9-11am (Final class / graduation)

10/31 Happy Halloween

## THANK YOU TO ALL KITCHEN HELPERS

### September helpers that assisted Margit in the kitchen

Janelle Williams Martha VanNordstand

Ed O'Donnell Karen Osborne

Joyce Smith Sharon Turner

Mike Voelzke Rolland Beniot

If you see any of these volunteers, please thank them.

### Can You Spare an Hour or Two?

September was challenging - kitchen help sick, people on vacations, cars broke down, health issues, doctor appts.

We need kitchen volunteers on Monday through Friday, and backup kitchen help when someone is unavailable.

We need drivers 1 or 2 days a week to deliver meals.

**Join us as Stacia shares** on Tuesday, October 15 from 10-11am at our Andover Senior Center in an interactive setting where you can ask questions and share concerns. **Angels Care Home Health provides educational classroom topics every month.** Their goal is to assist us in staying healthy through education. Join us...it might help you have a healthy and happy life!  
CAREGIVER SUPPORT PROGRAM

Most families are unprepared for the drastic changes in their life brought on by various diseases and conditions. Angels Care Home Health will provide classroom topics the 3rd Tuesday every month, 10:00-11:00 AM, that address a wide range of challenges common to families coping with Dementia, Alzheimer's and other diseases.

## NEW Change to our Lunch Program:

Lunch is served Monday-Friday 11:30 am to 12pm, kitchen will close daily at Noon.  
New Option: Late meal pick-up:

- 1) Call 733-4441 before 9:40am to order a pick-up lunch order.
- 2) Stop by the Center no later than 12:15pm to pay & pick-up lunch.

**Nail Painting: provided by Victoria Falls**

Wednesday, Oct. 9

**NEW TIME: 10:30-11:30**

This is FREE to all who are members!



## Butler County EMS - Stepping' On Class

Our class continues to grow and our students are benefiting from the class. Thank you BUCO EMS Stuart and Paul for showing our members how to stay safe and healthy.





## Anyone Interested???

**Pinochle class one on one with  
Ralph Daniel call: 990-4542**

**Ham Radio: Call John Kbohaz: 243-3886**

## DRIVERS NEEDED - One hour.

We need Drivers - Can you volunteer 1 day a week to help deliver meals to seniors that are home bound? Or we can use volunteers for backup drivers, when someone car breaks down or that driver is sick.

Please call Jeannie at the office, 733-4441 to discuss options or if you can help.



## HAPPENINGS AT ANDOVER RESOURCE FAIR

**THANK YOU!!!!**

A FUN TIME WAS HAD BY  
ALL!

Thank you for coming and we will  
see you next year!



## United Methodist Open Door Commodity Supplemental Food Program

Commodities are usually distributed the second Wednesday of the month from 10:00 AM to 4:00 PM.

There must be a signature for each box of commodities given out.

If you are sending someone in your place to pick up your commodities, that person needs to be listed on the commodity pick up list or a note from you authorizing that person to pick up your commodities! Pick up dates for 2019 are: October 9, November 13, December 11.

## Donuts with the Chief

Thursday—October 3, 10am  
Andover Public Library

## OCTOBER FUNDRAISER—Wednesday, Oct 16th

### MONTERREY

11:00 AM - 1:00 PM

**We need your help!** Our monthly fundraisers help us buy groceries, paper goods, light bulbs, also helps maintain the building and bring in some special events and activities for our members. You can help raise money for the Center by donating food and/or supplies. For the October Fundraiser we are asking for: **desserts, desserts, desserts!!!!!!**

**Helpers** - We also need people willing to help in the kitchen, help clean off tables, greet guests when they arrive, and assist with setting up and tearing down. ***If you would like to make a donation, please drop your items off to our kitchen staff on Monday or Tuesday, before fundraiser.*** There will also be a sign up sheet for you to note what items you are bringing or if you would like to help on that day. Our fundraisers bring many people in and around the Andover area into our Center so all help is greatly appreciated! **Thank you!**

## Andover Senior Center Wish List!

The Andover Senior Center has a running list of items we use on a weekly basis. Would you be willing to donate an item or two from the below list?

### General Area:

Pot Holders/Trivet and Facial Tissue  
Paper towels, napkins  
30 Gallon Bag Trash Liners  
40 Gallon Bag Trash Liners



### For the pantry:

Coffee/ Decaf  
Canned Cream of Soup  
Single Serve Fruit Cups/Veggie Cups  
Spaghetti Sauce and Mild Salsa  
We appreciate any and all donations made to the Center in order for us to make your membership enjoyable! **Thank you!**

Butter

Instant Pudding

**October 14—Columbus Day  
Senior Center will be open**

Some of our wonderful  
GAD button helpers

We are selling GAD  
buttons again this  
year. Stop by and  
buy your \$3 button



*Ikebana Japanese flower art class*

Check out all the great flowers.



## Advance Voting

Butler County Residents can vote early at  
St Vincent de Paul Catholic Church

Thursday, October 31, 12pm to 7pm

Friday, November 1, 12pm to 7pm

Saturday, November 2, 9am to 4pm

**Day of Elections—November 5, you must vote  
at your designated voting location.** If unable to

vote on the above dates, or transportation is a problem, you can  
always request a mail in ballot by Oct 29. Call 316.322.4239.

**Lunch is a suggested donation of \$4.00. Please RSVP by 9:30am that morning, call 733-4441. Meal Delivery is a suggested donation of \$5.00. \*\*Price Increase\*\***  
**Reminder: Menu is Subject to change! COME JOIN US FOR LUNCH!**

Mon	Tue	Wed	Thu	Fri
	1 Egg Salad Sandwich Chips Fruit Dessert	2 Baked Spaghetti Salad Dessert	3 Ham Cheese Sandwich Salad Dessert	4 Tilapia Cole Slaw Dessert
7 Beef Tips Mashed Potatoes Veggie Dessert	8 Pizza Salad Dessert	9 Chicken Pot Pie Salad Dessert	10 Turkey Sandwich Chips Apple Slices Dessert	11 Goulash Corn Salad Dessert
14 Sloppy Joe Salad Dessert 	15 Salisbury Steak Mashed Potatoes Veggie Dessert	16 FUNDRAISER 11am—1pm Monterrey's	17 Cook's Choice	18 Chili Cornbread Dessert
21 Pizza Salad Dessert	22 Fried Rice Steamed Veggie Dessert	23 Baked Cheese-it Chicken Creamed Spinach Roll Dessert	24 Country Fried Steak Green Beans Mashed Potatoes and Gravy Dessert	25 Tuna Salad Sandwich Chips and CAKE 
28 Potato Soup Brochette Dessert	29 Grilled Cheese Tomato Soup Dessert	30 Hamburger Fries Fruit Cup	31 Halloween Surprise 	<b>Reminder: Menu is subject to change!</b>





## MOVIE MONDAY'S IN OCTOBER

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OCTOBER 7 - Movie  
OCTOBER 14 - Movie  
OCTOBER 21 - Movie  
OCTOBER 28 - Movie



Movie Monday begins around 12:30 (after lunch). ***Come join us, the movie is about to start!***

### October Fundraiser Monterrey

October 16 - 11am to 1pm



Includes dessert ~ \$5 donation

Andover Senior Center

**Busy, Busy, Busy - What a month, September was, we accomplished so much! We.....**



Got our picture on the front page of the newspaper.

Baked 300+ cookies for our finest Fire, Police, EMS and 911.

Sold over 120+ Monterrey's for our August monthly fundraiser. Sold over 100+ for our September Chicken N Noodle.

Put together 2500 Greater Andover Days flyers with buttons.

Housed and sponsored another Greater Andover Days Bingo.

Said Farwell & Good bye to a 23 year ASC member.

Struggled through vacations, sick cars, sick volunteers/staff.

Maneuvered around road closures and sick A/C units.

Survived a surprise Fire Inspection, that was fun.

Held our Annual Health Fair, with 23 vendors.

Continued to grow our membership. by 50+ new members

This Center would  
not survive without  
all the wonderful  
volunteers.

**Check out these great museums!** The Andover Public Library has free "Museum Discovery Passes" that can be checked out per family, for 7 days. Just need a library card (card is free)



The **Wichita Art Museum**  
**Pass** admits up to 4 people.



The **Cosmosphere Pass** is good for one All-Day Mission Pass; includes one IMAX film, one planetarium show, one Dr.

Goddard's Lab, and one admission to the Hall of Space Museum.



The **Botanica Pass** admits up to 4 people.



The **Wichita-Sedgwick County Historical Museum** Pass admits up to 6 people.



**VOLUNTEER**

# GREATER ANDOVER DAYS BINGO WAS A HUGE SUCCESS!!!

Thank you: Tori Pedruzzi

Miss Kansas Teen

You are a wonderful Bingo Caller  
and we at ASC loved having you  
be part of our GAD Bingo!

Good Luck, you have a bright  
future ahead!

