



Andover Senior Center

MARCH 2021

Andover Senior Center 410 N. Lioba, Andover, KS 67002

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2021 Board of Directors

- * **Dixie Aarstad**
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- * **Mike Voelzke**
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Secretary
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Trustee



WELCOME BACK, MEMBERS!

ASC will reopen Monday, March 1st! Please see the Activity Calendar on page 5 for the activities that will be available for your enjoyment. Most of our previous activities will be offered, except Bingo, which will restart after more people have received their vaccines, and the Pool Room will not be available till later this month. We are still waiting for several storage cabinets, so the Pool Room will be used for storage until those arrive.

Meals, prepared in our remodeled kitchen, will begin Wed., March 3rd. Lunch will be served in our dining room at 11:30, or may be picked up at our door at 11:45, home-bound meals will continue as usual. If you are planning to eat lunch with us, please call the Center by 10 a.m., and indicate whether you will be eating in or picking up.

We are very excited to see everyone again, we hope you are equally excited! Laura is looking forward to meeting more of you and Margit is ready to get back to cooking her delicious meals! Masks will still be required and temperatures will be taken upon entry, social distancing is also recommended.

We will have a General Membership Meeting on Friday, March 19th at 10:45 a.m., hope to see many of you there!

ASC Board of Directors

Important Dates

March 12	Chili Fundraiser 5-6 pm
March 14	Daylight Savings Time Begins
March 17	St. Patrick's Day
March 19	Gen Membership Meeting @10:45
March 20	First Day of Spring
March 27	Passover Begins
March 28	Palm Sunday



Huge Shout Out to all the businesses that were involved in the kitchen remodel. We would like to thank the following:

MJC Architecture, McCullom Construction—General Contractor, Sub-contractors:

True Air, Johnson's Drywall, AE Electric, Williamson Plumbing, Midwest Premier Hardwoods.

A special thank you to McCoullom employee Levi Robbins

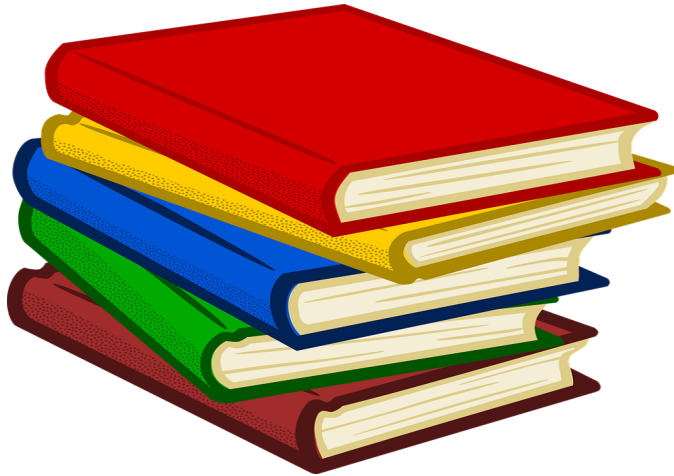
Free Food Boxes to All
Generations Church
425 Green Valley Drive Andover
Every Saturday in March

NO ID or INCOME Verification Required



Did you know?

The Andover Senior Center is an IRS approved 501c3 ! We are financed by donations, memorials, fundraisers, grants and special events !!! We appreciate your membership and donations to our Center. Thank you !



Attention Library Patrons

Enjoy reading and not wanting to spend a lot , well great news! The ASC is currently downsizing our library and have books for sale for 50 cents. These books are located in one shelving unit, this unit is located on the far left.

Please wear a mask and try to plan your visit between the hours of 10am and 2pm , and sign in when entering the Center.

**** Special Note: Only the books from the Butler County Library in El Dorado must be checked out for tracking purposes. It is not necessary to check out the other books which have been donated to ASC.****

MARCH

A A B **L E P R E C H A U N** J N
 Z O L B A M A R C H Y O T M I
 M V A H R S T S A I N T A A H
 R Q R I R I S H E N F P V G C
 Y J N E T G M P A R T Y M I Q
 E B E P F O W Z C Y U L G C H
 M L Y A A L I Q D R E I Y N E
 E E F T I D S O L A P M S X L
 R S S R R X H L U I O E Q I G
 A S Y I Y E X O C N T R S R R
 L I Q C Y L R I K B B I N E E
 D N V K U H G Y Y O I C A L E
 G G P A R A D E B W U K K A N
 L J N L C L O V E R V N E N L
 Q I W S H A M R O C K A S D I



Start Over



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Word List

SAINT
 PATRICK
 IRISH
 BLARNEY
 BLESSING
 EMERALD
 LEPRECHAUN
 GOLD
 GREEN
 IRELAND
 LIMERICK
 MAGIC
 PARADE
 RAINBOW
 SHAMROCK
 LUCKY
 WISH
 FAIRY
 MARCH
 PARTY
 CLOVER
 POT
 SNAKES



MARCH 2021 - ACTIVITIES



Mon	Tue	Wed	Thu	Fri
1 9:30 Coffee Hour 11:30 Lunch REOPEN	2 10:30-11:30 Balance Class 11:30 Lunch 12:15 Pinochle 1:00 Hand & Foot	3 9:30 Coffee Hour 11:30 Lunch 1:00 Bridge	4 10:30-11:30 Doughnuts w/ Chief 11:30 Lunch 12:15 Pinochle	5 9:30 Coffee Hour 11:30 Lunch
8 9:30 Coffee Hour 10:30 Memory Cafe 11:30 Lunch	9 10:30-11:30 Balance Class 11:30 Lunch 12:15 Pinochle 1:00 Hand & Foot	10 9:30 Coffee Hour 11:30 Lunch 1:00 Bridge	11- 10:30-11:30 Balance Class 11:30 Lunch 12:15 Pinochle	12 9:30 Coffee Hour 11:30 Lunch
15 9:30 Coffee Hour 11:30 Lunch	16 10:30-11:30 Balance Class 11:30 Lunch 12:15 Pinochle 1:00 Hand & Foot	17 9:30 Coffee Hour 11:30 Lunch 1:00 Bridge	18 10:30-11:30 Balance Class 11:30 Lunch 12:15 Pinochle	19 9:30 Coffee Hour 11:30 Lunch
22 9:30 Coffee Hour 10:30 Memory Cafe 11:30 Lunch	23 10:30-11:30 Balance Class 11:30 Lunch 12:15 Pinochle 1:00 Hand & Foot	24 9:30 Coffee Hour 11:30 Lunch 1:00 Bridge	25 10:30-11:30 Balance Class 11:30 Lunch 12:15 Pinochle	26 9:30 Coffee Hour 11:30 Lunch
29 9:30 Coffee Hour 11:30 Lunch	30 10:30-11:30 Balance Class 11:30 Lunch 12:15 Pinochle 1:00 Hand & Foot	31 9:30 Coffee Hour 11:30 Lunch 1:00 Bridge	.	



MARCH GUEST SPEAKERS

3/4 Doughnuts with Chief Keller : 10:00 –11:00

3/5 Blood Pressure Checks w/ Connie with Interim@ 1:00

3/8 Blood Pressure Checks w/ Cindy Kegley, Home Health & Hospice of
Kansas

3/10 Chaplain Tony Armstrong , Kindred Hospice :11:30

3/11 Abigail Turner Futurity First , 11:30

3/12 Blood Pressure Checks w/Connie from Interim @1:00

3/15 Chamber of Commerce Pres/CEO Becky Wolfe @11:30

3/17 Mobile Medical , Aimee Poore @11:30

3/19 Blood Pressure Checks w/ Connie from Interim @ 1:00

3/22 Blood Pressure Checks w/ Cindy Kegley Home Health & Hospice of KS @1:00

3/24 Chief Mike Roosevelt @11:30 Andover Fire Department

3/26 Blood Pressure Checks w/ Connie from Interim @1:00

3/31 Senior Care Pharmacy Lamez Green @11:30



MARCH 2021—MENU



Mon	Tue	Wed	Thu	Fri	
1	2	3 Beef Enchilada Bake Beans Rice Dessert	4 Sloppy Joes Baked Beans Chips Pudding	5 Ham/Potato Breakfast Casse- role Cinnamon Roll Fruit	
8 Shrimp Mac n Cheese Spinach Salad Cake	9 Meatballs Baked Beans Potato Salad Cookie	10 Hawaiian Chicken Rice Ramen Salad Bread Pudding	11 Broccoli Cheese Soup Ham n cheese sandwich Dessert	12 Chicken Fried Steak Mashed Potatoes Garden Salad Roll/ Cookie	
15 Tatar Tot Casse- role Green Beans Fruit Salad Dessert	16 Soft Taco Beans Garden Salad Crazy Cake	17 Irish Stew Fried Cabbage Salad Irish Cream topped Brownie	18 Chicken Salad Sandwiches Chips Cole Slaw Fruit Tart	19 Fish Filet Hash brown Cas- serole Mixed Veggies Cornbread	
22 Chicken Casse- role Green Peas Roll/Tart	23 Chef Salad Peaches Cottage Cheese Crackers Pudding	24 Chicken Noodles Mashed Potatoes Green Beans Roll Cobbler	25 Turkey/Cheese Sandwich Whole Cranberry Sauce Chips Cake	26 Tuna Casserole Spinach Salad Muffin Cookie	
29 Sausage Breakfast Casserole Fruit Cinnamon Roll	30 Tomato Soup Sandwich Chips Pudding	31 Spaghetti Casserole Garlic Bread Birthday Cake	.		

Thanks to several local business owners that have helped us by providing free or discounted meals for our Home bound . You are appreciated !

Silver Spoon	Rio
Billy Sim's BBQ	Dillon's
Timbuktu	Taco Bell
Gambino's	Andover Court
Subway	Victoria Falls
Boone's Pickens	Poplar
KFC	

Thank you !!!



Have some free time? Would you like to meet new people, visit with old friends? Become more active member here at YOUR Center! We are always looking for volunteers to help deliver home bound meals, help during a special events, assist with a scheduled activity, or perhaps, show off your talents by teaching us a new craft! Maybe you have a hobby you love and are willing to share that with other members, so they might learn to enjoy it as much as you do, please call Laura at 316-733-4441. When the Center reopens, and activities return to normal, we will need your help!



ASC Board of Directors is in search of another Trustee for 2021. If you are interested in his position, please visit with Laura, she will provide you with information regarding Trustee duties and responsibilities. Please consider helping our Center by being a Trustee !

Please help ASC raise funds by bringing your aluminum cans to the Center and putting them in the cage in our parking lot. Aluminum cans only, please ! Every can helps!



Spring 2021 WellREP Classes

Assignment and definition of a credit hour: Success in this 0.5 credit hour course is based on the expectation that students will spend, for each unit of credit, a minimum of 7.5 hours over the length of the course in direct instruction as provided by the instructor and an additional 15 hours outside of class reading, reflecting and evaluating the topics for a total of 22.5 hours.

First Name _____ Middle _____ Last Name _____

Birthdate _____ Cell Phone _____

Email Address _____

Sex _____ Male _____ Female

Mailing Address

Street- _____ State Kansas Zip Code _____

Citizenship Information - Primary Citizenship USA Yes

Kansas Residency

Are you a resident of the state of Kansas? ☐ Yes ☐ No

Have you lived in Kansas since birth? ☐ Yes ☐ No

Do you have a Bachelor's degree? ☐ Yes ☐ No

Have you previously been enrolled at Wichita State University? ☐ Yes ☐ No

Select Your Site:

☐ Andover Sr Center T/R Well-Rounded Exercise Program 10:30am-11:30am 24569

☐ I certify the following:

- That the information on this application is complete and correct, and that false information is grounds for denial of application, cancellation of enrollment or any appropriate disciplinary action.
- As a WSU student you will receive a Wichita State University related email address. It is your responsibility to access and monitor this email for university related communications. Once your admission is complete you will receive additional instructions on how to establish and access your WSU email account.
- I understand that it is my responsibility to access the course information to complete the course.
- By attending WSU Lifelong Learning classes, you give Wichita State the right to take photos and use your image in future promotional materials.

X _____

Free In-Person Tax Preparation Service

AARP Foundation Tax-Aide offers free tax preparation to anyone of any age – especially if you are 50 or older or can't afford paid tax preparation.



In Your Area

GraceFirst Church

14725 East Harry Street (143rd/Harry)

Tuesdays 9 A.M. – 2:30 P.M.

Pick up & complete your required 'Intake' sheets & Checklist prior to your appointment. Available inside Andover Public Library's foyer 1511 East Central

To make your appoint. call 316-247-2138

(M-F 9 a.m.- 7 p.m. Leave a message)

AARP Foundation®

D20248 (9/16)

614-C (Rev. 10-2020)

ANDOVER SENIOR CENTER

SHOE DRIVE

Andover Senior Center will be holding a shoe drive as a fundraiser.

We will be collecting slightly worn shoes you no longer like or wear.

Starting from March 1st thru April 30th there will be containers set up @the Center inside and outside. Other locations will be announced at a later time. All types of shoes are requested (men, women, boots, kids) etc.

Please ask your kids, grandkids, friends, and neighbors to bring theirs to the center as well.





Andover Senior Center

Chili Fundraiser

Friday, March 12, 2021

5-6 pm

Pick up only

"First Come First Serve!"

