



Andover Senior Center

The MONTHLY REVIEW

Andover Senior Center, 410 Lioba, Andover, KS 316.733.4441

Hours of Operation: Mon-Thu 9am-5pm Friday 9am-4pm

andoverseniorcenter1@gmail.com Director-Margit Gibbons

2022 Board of Directors

- Pat Huck/President
- Rolland Benoit
Vice President
- Susan Andrews/Treasurer
- Dixie Aarstad/
Secretary
- Sam Minton/Trustee
- Ken Boone /Trustee
- Wade Brodin/Trustee



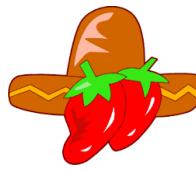
Our mission is to foster fellowship and recreational enjoyment for the seniors in our community.



APRIL 2022-MENU

SUGGESTED DONATION \$5.00

Menu is subject to change

Mon	Tue	Wed	Thu	Fri
				1 Baked Tilapia Roasted Potatoes Glazed Carrots Roll Dessert
4 Goulash Garlic Bread Salad Dessert	5 Pulled Pork Sandwich Cucumber Salad Tator Tots Dessert	6 Hamburger Corn Casserole Fried Apples Bread Pudding	7 Chicken Salad Fresh Veggies/ Ranch Chips Dessert	8 Fish Tacos Roasted Cauliflower Rice Dessert
11 Chicken Fried Steak Mashed Potatoes Green beans Roll Dessert	12 Sloppy Joes French Fries Baked Beans Dessert	13 Poppy Seed Chicken Broccoli/Cauliflower Salad Cherry Cobbler	14 Glazed Ham Slices Cream Corn Deviled Eggs Dessert	15 GOOD FRIDAY CLOSED
18 Meatloaf Mashed Potatoes Green Beans Roll Dessert	19 Open Faced Turkey sandwich Garden Salad Dessert	20 MONTERREY FUNDRAISER 	21 Ham & Bean Soup Cornbread Garden Salad Dessert	22 Blueberry Pancakes Sausage Patty Fresh Fruit
25 Ham & Swiss Sliders Sun Chips 3 Bean Salad Dessert	26 Chef Salad Cottage Cheese Crackers Dessert	27 PIZZA Garden Salad Cherry Tarts	28 Lipton Chicken Mashed Potatoes Peas & Carrots Roll Dessert	29 Taco Salad Spanish Rice Dessert

April 2022 ACTIVITIES

POOL ROOM OPEN Monday –Friday 1pm to 4pm

Mon	Tue	Wed	Thu	Fri
				1 9:30 Coffee Hour 11:30 Lunch 12:30 Bingo
4 9:30 Coffee Hour 10:15 Trivia 11:30 Lunch 12:15 LCR 1:00 Bridge	5 9:30 Coffee Hour 10:30 Exercise 11:30 Lunch 12:15 Pinochle 1:00 Hand & Foot	6 9:30 Coffee Hour 11:30 Lunch 1:00 Bridge	7 9:30 Coffee Hour 10:30 Exercise 11:30 Lunch 12:15 Pinochle 1:00 Quilters 7:00 Pitch	8 9:30 Coffee Hour 11:30 Lunch 12:30 Bingo
11 9:30 Coffee hour 10:00 Memory Café 11:30 Lunch 1:00 Bridge	12 9:30 Coffee Hour 10:30 Exercise 11:30 Lunch 12:15 Pinochle 1:00 Hand & Foot	13 9:30 Coffee Hour 11:30 Lunch 1:00 Bridge	14 9:30 Coffee Hour 10:30 Exercise 11:30 Lunch 12:15 Pinochle 1:00 Quilters 7:00 Pitch	15 GOOD FRIDAY CLOSED
18 9:30 Coffee hour 11:30 lunch 12:30 Bunco 1:00 Bridge 2:30 Ceramics	19 9:30 Coffee Hour 10:30 Exercise 11:30 Lunch 12:15 Pinochle 1:00 Hand & Foot	20 9:30 Coffee Hour 11:30 Lunch 1:00 Bridge	21 9:30 Coffee Hour 10:30 Exercise 11:30 Lunch 12:15 Pinochle 1:00 Quilters 7:00 Pitch	22 9:30 Coffee Hour 11:30 Lunch 12:30 Bingo
25 9:30 Coffee hour 10:00 Memory Café 11:30 Lunch 1:00 Bridge	26 9:30 Coffee Hour 10:30 Exercise 11:30 Lunch 12:15 Pinochle 1:00 Hand & Foot	27 9:30 Coffee Hour 11:30 Lunch 1:00 Bridge	28 9:30 Coffee Hour 10:30 Excercise 11:30 Lunch 12:15 Pinochle 1:00 Quilters 7:00 Pitch	29 9:30 Coffee Hour 11:30 Lunch 12:30 Bingo

We invite you to attend!

“Donuts with the Chief”

Andover Chief of Police

Thursday, April 7th @ 10:00 AM

Great time to meet the Chief and hear about our great community!!

We'll see you there!



Illustration by Dan Gibson

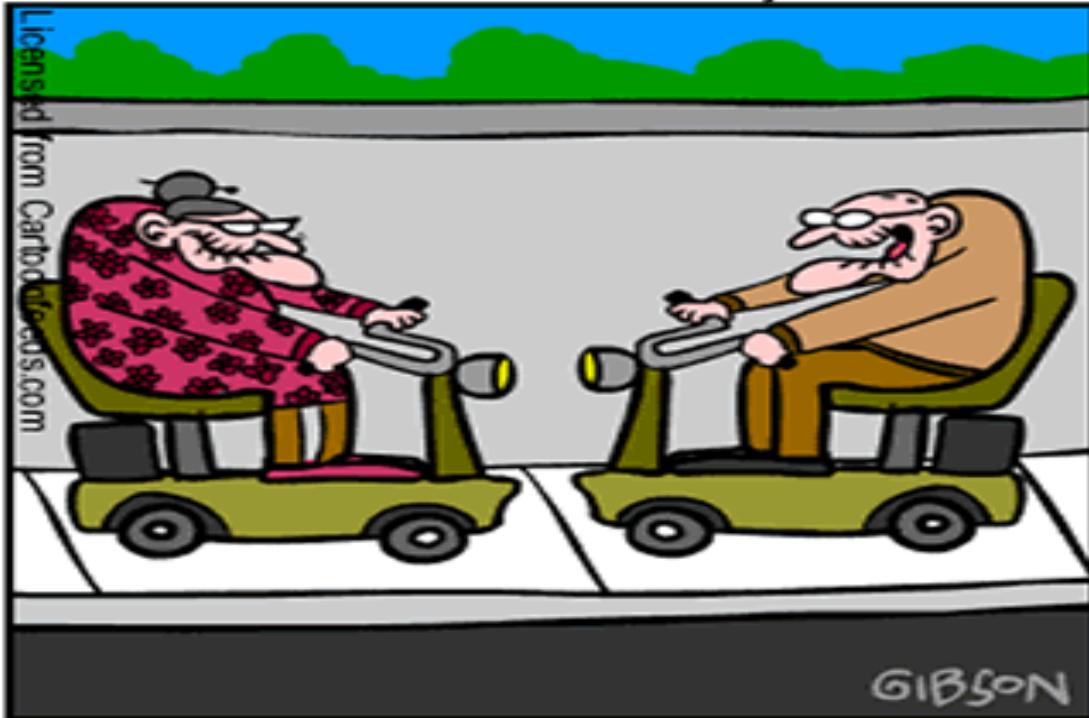
HAVE YOU RENEWED YOUR MEMBERSHIP WITH THE ANDOVER SENIOR CENTER?

If the time is getting near for your membership to be renewed, you will receive a request for renewal in the mail.

Not sure if you received the letter, no problem, just stop by the office and we'll check it out for you!

CRAZYCOOTS.COM

By Dan Gibson



I'm bored...Wanna go down to the mall and bump into people's ankles with our scooters?

“ LIKE “ us on Facebook !!!

Visit Andover Senior Center “Group” or “Page”, stay up to date on activities and events !

Speakers and Special Events



Friday—April 1st @ 11:30 Janos Tindell w/The Regent

Monday—April 4th @ 10:15 TRIVIA

Monday— April 4th @ 12:30 LCR ***18 pennies***

Tuesday—April 5th @ 12:15 Learn German w/ Brigitte Linden

Wednesday—April 6th @ 1 Tony W/Kindred Hospice— Grief Support Group

Thursday— April 7th @ 10:30 Donuts with the Chief

Thursday— April 7th @ 10:30 Blood Pressure Checks w/ Angels Health Care

Monday— April 11th @ 10:00 Memory Café

Wednesday— April 13th @ 10:00 BINGO/SINGO w/ Interim Health Care

Friday— April 15th ***CLOSED*** GOOD FRIDAY OBSERVED

Monday— April 18th @ 11:30 Stacia w/Angels

Monday— April 18th @ 12:30 BUNCO ***\$5***

Monday— April 18th @ 3:00 A.S.C. Board Meeting

Wednesday— April 20th * Monterrey Fundraiser* 11-1pm *\$7*

Thursday— April 21st @ 10:30 Blood Pressure Checks w/Angels Health Care

Thursday— April 21st @ 11:30 Don Durflinger w/Silver Hair Legislature

Friday— April 22nd @ 11:30 Chief Russell w/ Andover Fire Department

Monday— April 25th @ 10:00 Memory Café

Monday— April 25th @ 2:30 Debbie w/You're Fired Ceramics ***\$7***

Wednesday April 27th—Foot Lady, Michelle Stienke by appt 316 946 0722

Wednesday—April 27th @ 12:15 Card Bingo w/ Heartland , Stephanie

Wednesday— April 27th -Abigail from Futurity 1st Birthday cake

Thursday— April 28th @ 11:30 Gina w/Home Buddy

WINNERS

March Trivia : Pat Huck, Pat Lietz, and Janel Williams

OVERALL WINNER : JANEL WILLIAMS

April Categories: Kenny Rogers & Dolly Parton

National Parks & Landmarks

The Lone Ranger & Wagon Train

FEBRUARY BUNCO:

Most wins: Sharon Turner/ Losses: Pat Huck/ Most Buncos: Bev F.

MARCH BUNCO:

Most wins: Cathy M/ Losses: Celia F/ Most Buncos: Bev F

CONGRATULATIONS

Lynda Carlson our
Quilt Raffle
Winner !!!



DID YOU KNOW...

The Andover Senior Center is an IRS approved 501c3! We are financed by donations, memorials, fundraisers, grants and special events. We appreciate your membership and donations to our Center. **THANK YOU!**

Marsha Agard
Kathy Cahoon
Brenda Church
Kenny Church
Doris Coykendall
Sherry Currie
Ruth Helena
Donnalee Johnson
Linda Jolly
Joy Kellog
Lavonn Kirkhart
Richard Lietz
Barbara Madewell
Evelyn Metcalf
Chad Russell
Linda Saucedo
John Sharpley
Jill Smith
Dee Webber



Thank You Volunteers

A big shout out to all the people that helped us at our Irish Coddle Fundraiser !

Our volunteers make all the difference... THANK YOU !!!

Amber W Celia F Donna G

Janel W JoAnn W Lavonn K

Peggy R

Elder Abuse

Abuse can happen to anyone—no matter the person's age, sex, race, religion, or ethnic or cultural background. Each year, hundreds of thousands of adults over the age of 60 are abused, neglected, or financially exploited. This is called elder abuse.

Abuse can happen in many places, including the older person's home, a family member's house, an assisted living facility, or a nursing home.

Caregiver Stress-You're Not Alone:

Caring for an older person can be rewarding. It's also demanding, difficult, and often stressful work. The caregiver may need to be available around the clock to fix meals, provide nursing care, take care of laundry and cleaning, drive to doctors' appointments, and pay bills. Often, family caregivers have to give up paying jobs to make time for these new responsibilities.

It may be hard to keep a positive outlook when there's little hope of the older person's physical and mental condition improving. Over time, the demands and stress of caregiving can take their toll. A caregiver might not even know he or she is being neglectful or abusive.

If you are a caregiver, make sure you have time to reset and take care of your needs. You can ask a family member or friend to help out for a weekend, or even for a few hours, so that you can take some time for yourself. Some community service organizations provide caregivers a break, called respite care. Visit the ARCH national Respite Network and Resource Center's National Respite Locator (or Butler County Dept. on Aging) to find respite services in your area. Caregiving support groups may also help. Exercise could even help with stress.

<https://www.nia.nih.gov/health/elder-abuse>



Bits & Pieces!

IS YOUR HOME SAFE????

Get a **FREE** In-Home Safety Inspection provided by Andover Fire-Rescue!

No matter your age, your health and safety is a priority to us at Andover Fire. This complimentary safety inspection is to allow us to provide you with the knowledge and tools to make your home a safe and hazard free environment.

The following is a brief overview of the areas of your home that AFR will offer to inspect during the in-home safety inspection.

IN-HOME CHECKLIST ITEMS

During your in-home safety inspection your firefighters will offer to check the following items:

Check all cords

Rugs, Runners and Mats

Smoke Detectors

Electrical Outlets and Switches

Space Heaters/Wood Burning Equipment

Emergency Evacuation Plan

IN-HOME AREAS TO CHECK:

Kitchen/Living Room/Family Room/Telephone Area/Passageways/Bathrooms/Bedrooms/Basement/Garage/Workshop/Storage Areas/Stairs

Interested in receiving your **FREE** inspection?
Contact Andover Fire-Rescue at 733.1863.

SINGO/BINGO

Interim Health care sponsoring music bingo....40's,50's, and 60's music.

Wednesday April 13th @ 10:00—11:30.



CARD BINGO

Heartland Home Health and Hospice- Card Bingo

Wednesday April 27th @12:15

Mayor Ronnie Price calling Bingo April 22 @ 12:30

COME AND JOIN THE FUN AND WIN SOME PRIZES

**Life is to short,
Grudges are a waste
Of perfect happiness.
Laugh when you can,
Apologize when you
Should, and let go of
What you can't change.**



**You're
Fired!
ceramics**



Come and paint "SPRING BIRDS" sponsored by "You're Fired Ceramics"

\$7 covers all supplies

Monday April 25th @ 2:30

Let's enjoy some painting !!!



Easter is the only
time when it is perfectly
safe to put all of your
eggs in one basket.

ANDOVER SENIOR CENTER
MONTERREY FUNDRAISER

The Andover Senior Center will be serving Monterrey's for our April 20th Fundraiser. This is probably our most popular lunch fundraiser!

If you would like to help us with the fundraiser, here is a list of ways you can:

Bring a dessert the morning of fundraiser so that we make sure there is enough for everyone.

Make a monetary donation to help purchase the ingredients needed to make the Monterrey's.

Volunteer to help the day of by greeting our guests, making sure we have water, tea and coffee available throughout the event, come in the morning of and help set up the center to accommodate our guests, help cook the meal and lastly, help with clean-up.

Our fundraisers are huge events for the center and it takes all of us to make it a success!

Thank you!

Complete the phrase

Bread and _____

Adam and _____

Mutt and _____

Abbott and _____

Laurel and _____

Gilbert and _____

Salt and _____

Meat and _____

Astaire and _____

Fire and _____

Milk and _____

Burns and _____

High and _____

Amos and _____

Up and _____

Rodgers and _____

Black and _____

Cain and _____

Pen and _____

Right and _____

Romeo and _____

Day and _____

Sears and _____

Jiggs and _____

Bacon and _____

Above and _____



Andover Senior Center Monterrey Lunch



The Andover Senior

Center invites **YOU**

to join **US**

WEDNESDAY, APRIL 20, 2022

11:00 AM TO 1:00 PM

at the

Andover Senior Center

410 N. Lioba

Andover, KS

FOR A DELICIOUS LUNCH!

\$7

We might not have a musical trio, sombreros or cooking jalapeno's...
but...we are serving a great lunch!

Monterrey & Dessert

Tea or Coffee

Cans of pop are available/.50 cents

\$7

WE HOPE TO SEE YOU THERE!





Spring



W H M Z A L K R S G U B E C H T Q I
F T U L Y I J B E P Q N O P A S D X
S J N I B O R H L V M C S U T L E K
P E D W G X E K J O A Z R M C Q F B
R C Y Q U S A V N T S I E K H R O L
O L A M B F D T E U P S W G X T J E
U N P H Y G Z R L K D H O V C E N R
T B E J D W P Q I S G X L M F P A U
V M Z C A I K D H B N U F S E B R T
D K Y T L X G O R F P E J Q B W O A
E P G L E B S U A M O C H I C K S N
B N A R F Y O J T H Z M T D L I P G
G R K E N R T S N A I L Q W U S R V
A D O N P H E M B J S T C E S N I F
K W U F I N L T Q E R M E A Y O N D
I B S E C K F X T D V J R H P A G Z
N E D R A G M W K U L G S O R C L E
H Z M T U L I P V E B A D Y W F X J



BIRDS	CALF	GARDEN	LAMB	SNAIL
BLOSSOM	CATERPILLAR	GRASS	NATURE	SPRING
BUGS	CHICKS	HATCH	NEST	SPROUT
BUNNY	FLOWERS	INSECTS	RABBIT	TULIP
BUTTERFLY	FROG	LADYBUG	ROBIN	WORM

