



# Andover Senior Center

## The MONTHLY REVIEW

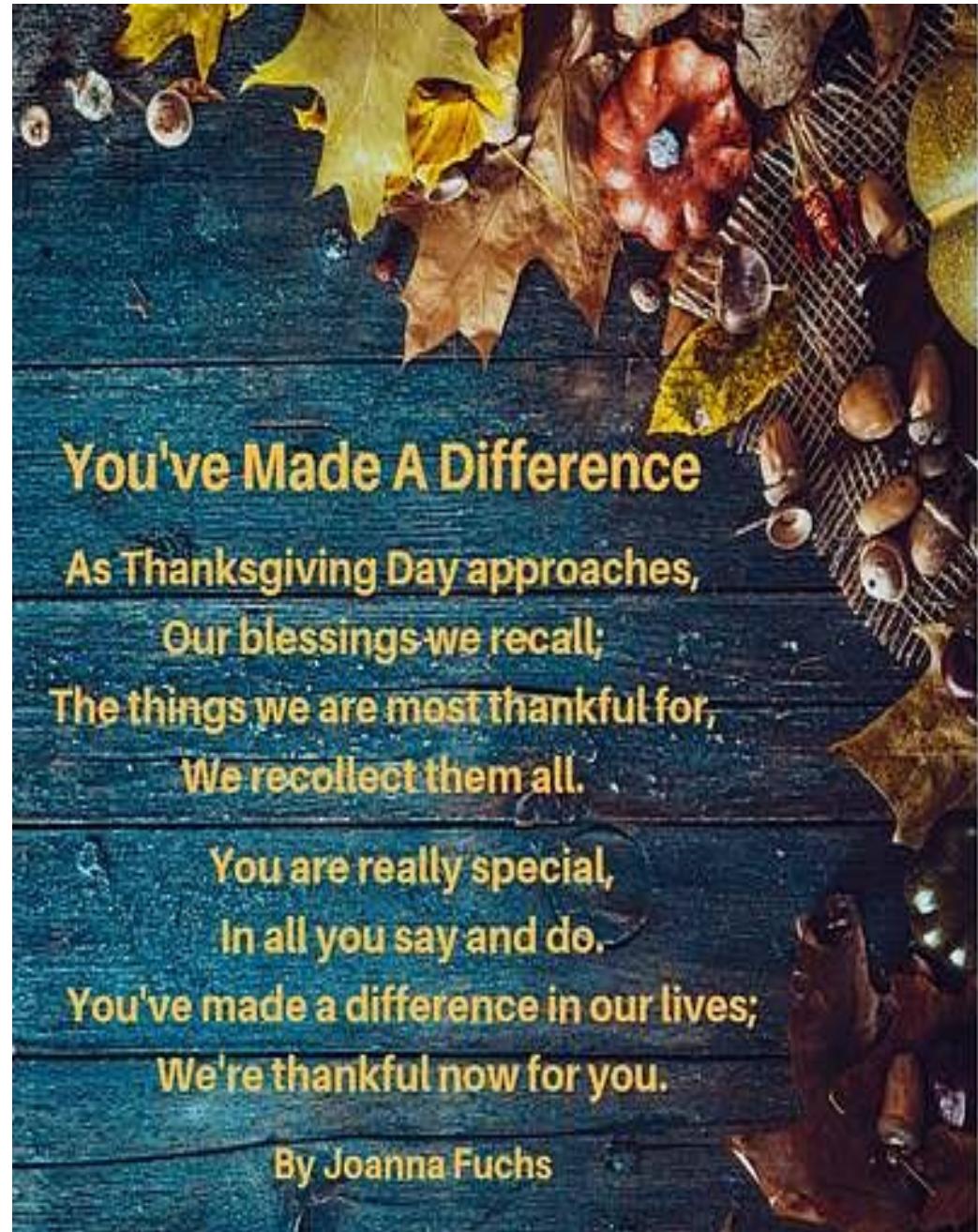


Andover Senior Center, 410 Lioba, Andover, KS 316.733.4441

Hours of Operation: Mon-Thu 8:30am-4:30pm Friday 8:30am-4pm  
andoverseniorcenter1@gmail.com Director-Margit Gibbons

### 2022 Board of Directors

- Pat Huck/President
- Rolland Benoit/  
Vice President
- Susan Andrews/Treasurer
- Dixie Aarstad/Secretary
- Wade Brodin/Trustee
- Sam Minton/Trustee
- Ken Boone/Trustee



# November 2022-MENU

Served @ 11:30



**SUGGESTED DONATION \$5.00**

**Meals are subject to change**

Mon	Tue	Wed	Thu	Fri
	1 Chicken Enchiladas Spanish Rice Refried Beans Dessert	2 Salisbury Steak Mashed Potatoes Green Beans Dessert	3 Veg/Beef Soup Potato Casserole Side Salad Roll Dessert	4 Pancakes Sausage Patty Fruit Dessert
7 Polish Sausage Soup Cornbread Salad Sweet Potato Casser. Dessert	8 Hot Turkey Sand. Cranberry Sauce Banana Dessert	9 Brauts Fried Cabbage Pasta Salad Dessert	10 Hamburger Chips Coleslaw Dessert	11 CLOSED  <i>Land of the free because of the brave</i>
14 Goulash Garlic Bread Salad Dessert	15 Broccoli/Cheddar Soup 1/2 Turkey Sand Side Salad Dessert	16 Ham Slice Scalloped Potatoes Broccoli/ Cauliflower Salad Dessert	17 Potato Soup Black Bean Salad Roll Dessert	18 THANKSGIVIING DINNER Provided by, Equity Bank
21 Ham & Bean Soup Cornbread Pink Salad Dessert	22 Meatloaf Mashed potatoes Gravy Roasted Carrots Dessert	23 Chef's Choice Dessert	24 CLOSED	25 CLOSED  <i>Happy Thanksgiving!</i>
28 Sloppy Joes Baked Beans Chips Dessert	29 Chicken Casserole Green Salad Roll Dessert	30 Taco Salad Chips/Salsa Fruit Cup Birthday Cake Sponsored by, Futurity First		

# DAILY ACTIVITIES

COFFEE HOUR @ 8:30

Lunch Served @ 11:30



Mon	Tue	Wed	Thu	Fri
	1 10:30 Balance 12:15 Pinochle 1:00 Hand & Foot	2 9:30 Exercise 10:00 Bible Study 1:00 Grief Support w/Tony 1:00 Bridge	3 10:00 Donuts w/Chief 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 1:00 Quilters 7:00 Pitch	9:30 Exercise 12:30 Bingo
7 9:30 Exercise 10:15 TRIVIA 12:30 LCR 1:00 Bridge	8 10:30 Balance 12:15 Pinochle 1:00 Hand & Foot	9 9:30 Exercise 10:00 Bible Study 1:00 Bridge	10 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 1:00 Quilters 7:00 Pitch	11 CLOSED 
11 9:30 Exercise 10:00 Memory Cafe 1:00 Bridge	15 10:30 Balance 12:15 Pinochle 1:00 Hand & Foot	16 9:30 Exercise 10:00 Bible Study 1:00 Bridge	17 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 1:00 Quilters 7:00 Pitch	18 9:30 Exercise 12:30 Bingo
21 9:30 Exercise 12:30 Bunco 1:00 Bridge	22 10:30 Balance 12:15 Pinochle 1:00 Hand & Foot	23 9:30 Exercise 10:00 Bible Study 1:00 Bridge	24 CLOSED	25 CLOSED 
28 9:30 Exercise 10:00 Memory Cafe 1:00 Bridge 2:00 Ceramics	29 10:30 Balance 12:15 Pinochle 1:00 Hand & Foot	30 9:30 Exercise 10:00 Bible Study 1:00 Bridge 6:00 Bunco		

# November Events...

Wednesday Nov 2nd @ 10am—Singo-Bingo w/Interim Health Care

Wednesday Nov 2nd @ 1pm—Grief Support Group w/ Tony Kindred Hospice

Thursday Nov 3rd @ 10am—"Donuts with the Chief"

Monday Nov 7th @ 10:15—TRIVIA

Monday Nov 7th @ 12:30—LCR \*\*\*!8 pennies\*\*\*

Tuesday Nov 8th— ELECTION DAY

Tuesday Nov 8th @ 11:30—OUR Kansas Guardian Home Health

Wednesday Nov 9th— Hermes Foot Care \* by appointment \*

Thursday Nov 10th @ 11—"Grace Notes" Singing for the Veterans

Thursday Nov 10th @ 11:30—VETERANS DAY LUNCH \*\*\*ASC Veterans & spouses invited \*\*\*

Friday Nov 11th—CLOSED in observance of VETERANS DAY

Monday Nov 14th @ 10am— Memory Café

Monday Nov 14th @ 11:30 Debbie w/ The Red Cross

Thursday Nov 17th @ 11:30—Stephanie w/The Regent

Friday Nov 18th @ 11am—THANKSGIVING DINNER sponsored by Equity Bank

Monday Nov 21st @ 10:45—GENERAL MEMBERSHIP MEETING-2020 ASC Board Elections

Monday Nov 21st @ 12:30—Bunco \*\*\*\$5\*\*\*

Monday Nov 21st— Foot Care w/Michelle Stienke pls call 316-946-0722 for appointment

Thursday Nov 24th— THANKSGIVING DAY Closed

Friday Nov 25th — CLOSED

Monday Nov 28th @ 10am—Memory Café

Monday Nov 28th @ 2pm—"You're Fired Ceramics" w/Debbie \$10 Christmas Ornaments

Wednesday Nov 30th @ 11:30—Birthday Cake w/Futurity First

Wednesday Nov 30th @ 6pm— Bunco \$5





*Anita Anderson*

*Bev Fredrick*

*John Kullman*

*Patsy Rondall*

*Polly Schoning*

*Joyce Williams*

*Tana Archuleta*

*Norma Hale*

*Patty LeMay*

*Glenna Rindt*

*Lois Sewell*

*Rolland Benoit*

*Peggy Harrison*

*Pam McElvain*

*Linda Roemer*

*Sally Sharply*

*Loise Cradduck*

*Dallas Hewett*

*Rondal Plunk*

*Peggy Rump*

*Joyce Smith*



# Winners !!!

## NIGHT BUNCO

Most Wins: Bettie W

Most Losses: Rowena U

Most Buncos: Cathy M

The Monkey: Cherie B

Middle of Road: Marge H

## DAY BUNCO

Most Wins: Cheri B

Most Losses: Paulette B

Most Buncos: Rolland B

The Monkey: Cathy M

Middle of the Road: Cathy M

## BUNCO TIME

Come & roll the dice with us !!!



Monday 11/21 @ 12:30 \$5

Wednesday 11/30 @ 6pm \$5

## TRIVIA WINNERS

Category Winners: Steve F

Joni G

Debbie M

OVERALL WINNER: Steve F

Can you answer all the questions?...let's find out !

Monday November 7th @ 10:15

Categories: NASA    Health & Medicine    George Strait



Game 1: Julie

Game 2: Bettie

Game 3: Connie

Game 4: Debbie

Game 5: Donna

Game 6: Debbie

Game 7: Connie

Game 8: Tracy

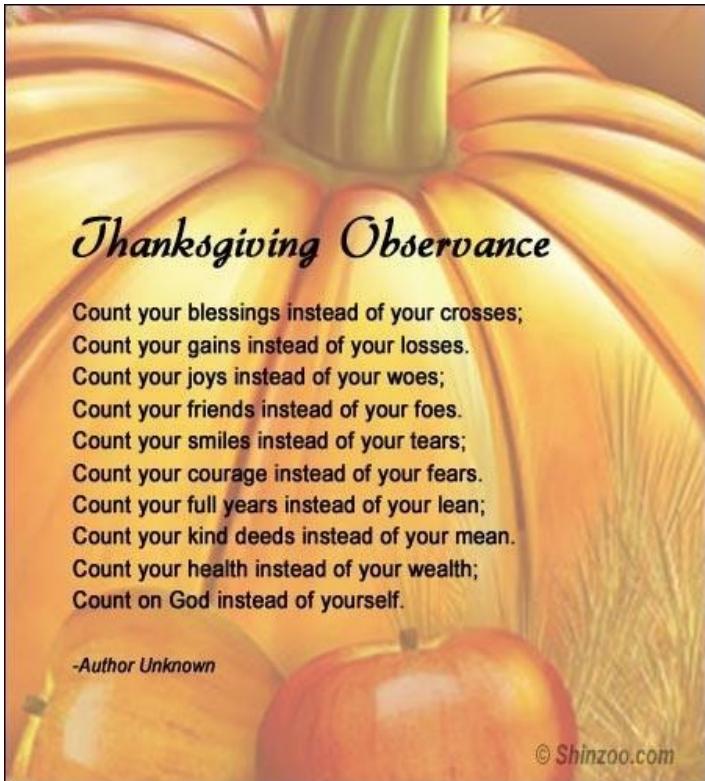
Game 9: Bettie



Play LCR on:

Mon Nov 7th @ 12:30

18 pennies needed



## Thanksgiving Observance

Count your blessings instead of your crosses;  
Count your gains instead of your losses.  
Count your joys instead of your woes;  
Count your friends instead of your foes.  
Count your smiles instead of your tears;  
Count your courage instead of your fears.  
Count your full years instead of your lean;  
Count your kind deeds instead of your mean.  
Count your health instead of your wealth;  
Count on God instead of yourself.

-Author Unknown

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**Veterans day...** at 11am, on the 11th day of the 11th month, in the year of 1918, an armistice between Germany and the Allied nations came into effect. In 1919, President Wilson declared the day should be filled “with solemn pride...in those who died in the country’s service”... We thank all of our veterans for their service to our country.

### United Methodist Open Door Commodity Supplemental Food Program

The Andover Senior Center is a distribution center for the United Methodist Open Door Commodity Program based out of Wichita, KS. This program is designed to assist people who are on a limited income by providing food such as canned goods, cereal, dry milk, cheese, etc. to help supplement their food needs for the month.

If you are interested in receiving commodities, please stop by the Andover Senior Center office to pick up an application for qualification of the service. The application isn't long and Margit will fax to the Open Door office to keep your waiting time minimal. This is a great service and available for anyone who needs it!



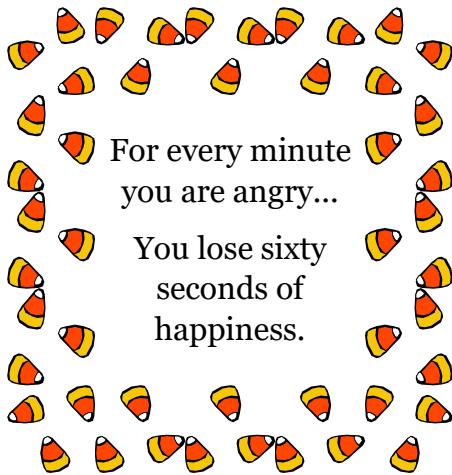
Like

### COME OVER AND JOIN US FOR LUNCH!

We would love for you to stop in the Senior Center and have lunch with us! It's fun, full of interesting people, conversation **AND** you receive a great meal, dessert and drink for a suggested donation of **\$5**. If possible, please rsvp so we can save you a seat!

*Come on, let's eat!*

The Andover Senior Center would like for you to “*like*” us on Facebook! If you have access to a computer and have a Facebook account, please visit our page. It's a great place to read about what the Center has been up to and what we have planned going forward!



For every minute  
you are angry...

You lose sixty  
seconds of  
happiness.

The Butler County Transit Program, through the Butler County Department on Aging, is a general public transportation program that offers a variety of routes throughout the county to help meet your travel needs. All general public transportation vehicles are handicapped accessible. Butler County Transit does not furnish wheelchairs.

Currently the general public transportation rides in the Andover area are available by reservation Monday through Friday.

To make a reservation or get information on fares, please contact the Transit Program at 316.775.0500 between 8:30-12:00 noon.

## CALLING ALL MEMBERS...

Do you know someone *age 50 or older*? Are they interested in having fun, engaging in some great conversations and meeting new people as interesting as they are?

Well, let's get them signed up as new members of the Andover Senior Center!

Stop by the office and pick up a brochure or two that you can share with people you know!

## CERAMIC PAINTING



Christmas Ornaments Themed  
Monday November 28th @ 2pm  
\$10 covers all supplies & Firing

### Andover Senior Center Wish List!

The Andover Senior Center has a running list of items we use on a weekly basis.

Would you be willing to donate an item or two from the list below?

#### General Area:

Bingo Prizes for Friday Bingo

Copy Paper  
Stamps

#### And for the pantry:

Tea  
Cake, Brownie Mixes  
Non-Perishable Food Items

We appreciate any and all donations made to the Center in order for us to make your membership enjoyable! **Thank you!**

© Randy Glasbergen  
glasbergen.com



**"There wasn't a law that required you to grow up? You did it voluntarily???"**

## National Family Caregivers Month

November is National Family Caregivers month. If you are a caregiver or know someone who is, the following 10 tips can help you stay mentally and physically healthy while caring for someone else:

1. Seek support from other caregivers. You are not alone!
2. Take care of your own health so that you can be strong enough to take care of your loved one.
3. Accept offers of help and suggest specific things people can do to help you.
4. Learn how to communicate effectively with doctors.
5. Caregiving is hard work so take respite breaks often.
6. Watch out for signs of depression and don't delay getting professional help when you need it.
7. Be open to new technologies that can help you care for your loved one.
8. Organize medical information so it's up to date and easy to find.
9. Make sure legal documents are in order.
10. Give yourself credit for doing the best you can in one of the toughest jobs there is!

Interested in reading more about National Family Caregivers Month? Go to <http://caregiveraction.org/> resources for more information on how to care for yourself while caring for others.

## Quilt Raffle

93" x 93"

Tickets on sale

2 for \$5

5 for \$10

Drawing held Friday Dec 16th, 2022

After Christmas Luncheon

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### Service for Seniors

If you are homebound, a paid member of the senior center, and live in or near the city of Andover, we can deliver lunch to you.

Call the office, 733-4441 for further info.

**Suggested donation is**

**\$5 per day for delivery.**



### **DID YOU KNOW...**

The Andover Senior Center is an IRS approved 501c3? We are financed by donations, memorials, fundraisers, grants and special events. We appreciate your membership and donations to our Center.  
**THANK YOU!**

## VETERANS DAY LUNCH

Thursday November 10th

All ASC Veterans and spouses are invited to join us for a complimentary lunch.

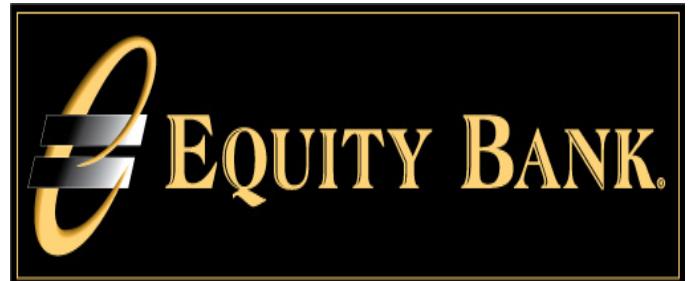
Thursday Nov 10th @ 11:30



## THANKSGIVING DINNER...provided by EQUITY BANK

Join us for a wonderful Thanksgiving meal

Friday November 18th @ 11am



### Looking for all pool players !!!

Come & shoot some pool

Monday & Thursdays @ 1pm



### ATTENTION ALL CORNHOLE PLAYERS



A huge thanks to one of our newest members....

**Larry Bally has donated Cornhole Equipment for us to use!**

If you are interested in playing please contact Margit @ 316-733-4441, we could start a weekly game and maybe have a tournament to test our skills.

# 90 plus & going strong!!!

## SPOTLIGHTING!!! Honorary Member - PAT LIETZ

Patricia "Pat" Berland was born in Zurich, KS on a wheat farm on February 14, 1932. She had one brother and two sisters and attended elementary school at a small country school. After junior high and high school in Palco, KS she attended college at Fort Hayes where she majored in elementary education and accounting.

While still in college, Pat met Gilbert "Gil" Lietz whom she calls "an excellent choice". He was a veteran, a very hard worker and her parents loved him. They moved to Wichita 67 years ago where they adopted two children. Richard, who lives here in Andover, keeps a close eye on his mom, and Suzanne lives on a farm in western KS. Pat has eight grandchildren and 25 great grandchildren.

After Gil died in 2014, Pat continued to play bridge with several groups but when she lost her "bridge buddies", her son insisted she check out the senior center. She joined ASC three years ago and has become one of our treasured "regulars". A dedicated bridge player, she loves our lunches and has joined the group playing Hand and Foot.

We feel so blessed to count Pat as a friend and look forward to seeing her here as often as possible!



# Andover Senior center

holiday



## Craft Fair



December 1st, 2nd & 3rd

Thursday-Friday 9am to 5pm

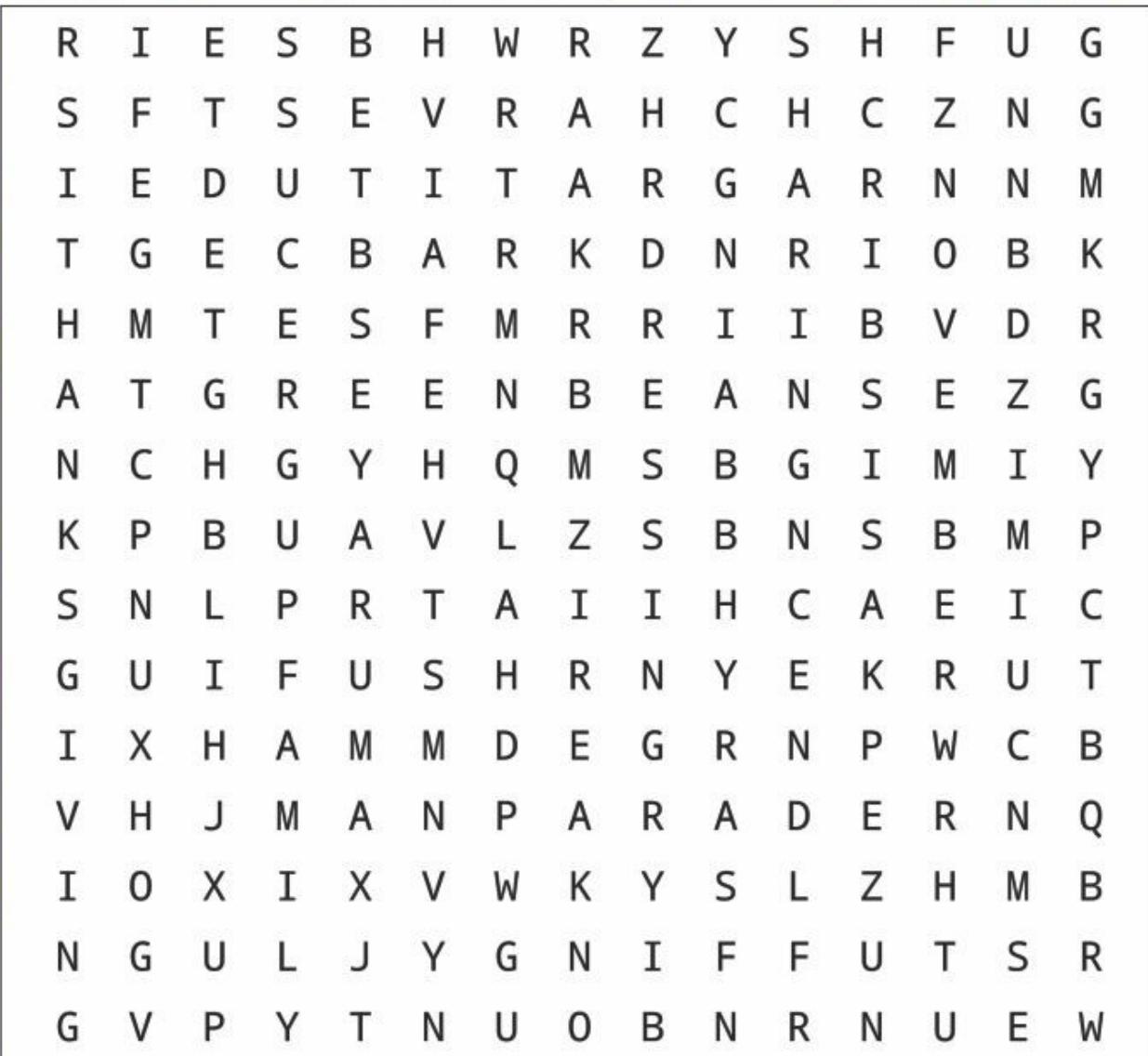
Saturday 9am to 3pm

410 Lioba Dr.

Andover, Ks 67002



# Thanksgiving



BOUNTY  
CRANBERRIES  
DRESSING  
FAMILY  
GATHER  
GRATITUDE  
GRAVY

GREEN BEANS  
HAM  
HARVEST  
NOVEMBER  
PARADE  
PIE  
PUMPKIN

SHARING  
STUFFING  
THANKSGIVING  
THURSDAY  
TURKEY

