



2023

# Andover Senior Center

## The MONTHLY REVIEW

Andover Senior Center, 410 Lioba, Andover, KS 316.733.4441

Hours of Operation: Mon-Thu 8:30am-4:30pm Friday 8:30am-4pm  
andoverseniorcenter1@gmail.com Director-Margit Gibbons

### 2023 Board of Directors

- Pat Huck/President
- Dixie Aarstad/  
Vice President
- Susan Andrews/Treasurer
- Barb Minton/Secretary
- Bob Linden/Trustee
- Sam Minton/Trustee
- Ken Boone/Trustee
- Wade Brodin/Trustee

### *Kindness*

*Makes you beautiful  
and looks better on you  
than any clothes you might wear;  
there is nothing  
as wonderful in the world  
than showing somebody  
that you care.*

*Kindness can be anything  
From opening a door  
Or making someone tea  
To picking somebody up after they fall;  
A random act of kindness  
Can mean the world to someone  
Even if your random act of kindness  
seems quite small.*



*Our mission is to foster fellowship and recreation enjoyment for seniors in our community.*



# MARCH 2023-MENU

**SUGGESTED DONATION \$5.00**

**Meals are subject to change**



Mon	Tue	Wed	Thu	Fri
		1 Chicken Casserole Broccoli Roll w/Butter Dessert	2 Broccoli Cheddar Soup Salad Cheddar Biscuits Dessert	3 Oven Fried Fish Cheesy Potatoes Salad Dessert
6 Chicken Salad Sandwich 3 Bean Salad Chips Dessert	7 Chicken Fried Steak Mashed Potatoes Gravy Green Beans Dessert	8 Beef Veggie Soup Cheese Sandwich Pink Salad Dessert	9 Pancakes Sausage Link Hashbrowns Fruit	10 Fried Fish Sandwich French Fries Coleslaw Dessert
13 Tomato Soup Grilled Cheese Pickle Spear Salad Dessert	14 Meatloaf Mashed Potatoes Gravy Mixed Veggies Dessert	<b>FUNDRAISER</b> <b>MONTERREYS</b> \$7	16 Breakfast Casserole Hashbrowns Muffins Fruit	17 Tuna Salad Sandwich Potato Salad Sun Chips Dessert
20 Bierock Casserole Roasted Potatoes Salad Dessert	21 Pulled Pork Sand. Baked Beans Coleslaw Dessert	22 Pizza Day Salad Dessert	23 Chili Mac Cornbread Salad Dessert	24 Oven Fried Fish Macaroni Salad Broccoli Bake Dessert
27 Ham Slice Sweet Potatoes Veggies Roll w/Butter Dessert	28 Goulash Garlic Bread Salad Dessert	29 Fried Chicken Stuffing Roasted Cauliflower Birthday Cake (Futurity First)	30 Chef Salad Cottage Cheese Crackers Dessert	31 Salmon Patties Pasta Salad Mixed Veggies Dessert

# DAILY ACTIVITIES

COFFEE HOUR @ 8:30

Lunch Served @ 11:30



Mon	Tue	Wed	Thu	Fri
		1 9:30 Exercise 10:00 Bible Study 12:30 Grief Support w/Tony 1:00 Bridge	2 10:00 Donuts w/Chief 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 7:00 Pitch	3 9:30 Exercise 12:30 Bingo
6 9:30 Exercise 10:15 Trivia 12:30 LCR 1:00 Bridge	7 10:30 Balance 12:15 Pinochle 1:00 Hand & Foot	8 9:30 Exercise 10:00 Bible Study 1:00 Bridge	9 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 7:00 Pitch	10 9:30 Exercise 12:30 Bingo
13 9:30 Exercise 10:00 Memory Café 1:00 Bridge	14 10:30 Balance 12:15 Pinochle 1:00 Hand & Foot	15 <b>FUNDRAISER MONTERREYS \$7</b> 1:00 Bridge	16 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 7:00 Pitch	17 9:30 Exercise 12:30 Bingo
20 9:30 Exercise 12:30 Bunco 1:00 Bridge	21 10:30 Balance 12:15 Pinochle 1:00 Hand & Foot	22 10:00 Bible Study 1:00 Bridge 6:00 BUNCO \$5	23 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 7:00 Pitch	24 9:30 Exercise 12:30 Bingo
27 9:30 Exercise 10:00 Memory Café 1:00 Bridge 2:00 Ceramics	28 10:30 Balance 12:15 Pinochle 1:00 Hand & Foot	29 9:30 Exercise 10:00 Bible Study 1:00 Bridge	30 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 7:00 Pitch	31 9:30 Exercise 12:30 Bingo

# Upcoming Events!



Wednesday March 1st @ 12:30—Grief Support Group w/Tony

Thursday March 2nd @ 10:00—"Donuts with the Chief"

Monday March 6th @ 10:15—TRIVIA

Monday March 6th @ 12:30—LCR        \*\*\*18 pennies\*\*\*

Tuesday March 7th @ 11:30—Butler Dept on Aging    RSVP w/Keri

Wednesday March 8th @ 11:30—Heartland Homes w/Tiffany

Thursday March 9th @ 11:30—Empower Physical Therapy w/Casey

Friday March 10th @ 11:30—Andover Family Optometry w/Dr.Boswell

Friday March 10th @ 12:30—Mayor Price calling Bingo !!!

Monday March 13th @10:00—Memory Café

Tuesday March 14th @ 11:30—WSU Horticulture w/Calla    Spring Gardening

Wednesday March 15th @ 11:00—FUNDRAISER    \*\*Monterreys\*\*\* \$7

Thursday March 16th @ 11:30—Aetna w/Belinda & Monica    St.Patricks Day Fun

Friday March 17th—HERMES Foot Care    By appointment only

Monday March 20th @ 12:30—BUNCO    \$5

Tuesday March @1st @ 11:30—Angels Home Health w/Brian

Wednesday March 22nd @ 3pm —ASC Board Meeting

Wednesday March 22nd— Foot Care w/ Michelle call 316-946-0722 to schedule an appointment.

Friday March 24th @ 10:45am—ASC General Membership Meeting

Monday March 27th @ 10:00am—Memory Café

Monday March 27th @ 2pm—Ceramics w/ "You're Fired Ceramics"

Wednesday March 29th @ 12:30—MARCH MADNESS TOURNAMENT

Wednesday March 29th @ 11:30—BIRTHDAY CAKE sponsored by Futurity First

Thursday March 30th @ 11:30—Equity Bank w/ Dalton        \*\*\*Bank Scams & fraud\*\*\*

*Find us on Facebook to keep updated on all upcoming events not listed above.*





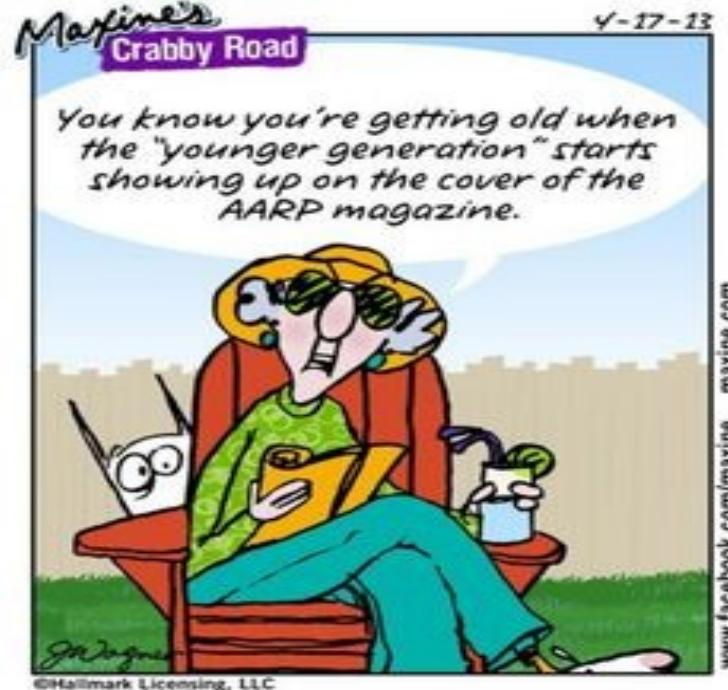
**Andover Senior Center**

**March Madness Tournament**

**Wednesday March 29th @ 12:30**

**Prizes for the winners**

**fun for everyone!!!**



**Monday March 27th @ 2pm**

**You're Fired!  
ceramics**



**\$10**

**Includes supplies & firing**

With Debbie

**St. Patrick's Day Themed**

# Congratulations!

## LCR Dice Game Winners

1st: **Sharon Turner**

2nd: **Margit Gibbons**

3rd: **Rowena Underwood**

4th: **Jo Johnson**

5th: **Donna Garver**

6th: **Donella Lingle**

## Next game scheduled:

Monday March 6th @ 12:30

bring 18 pennies

Plan on having fun !!!



★★★★★ 2,569



## TRIVIA WINNERS

**Jason Hull**

**Glenn Williams**

**JoAnn Westwood**

## OVERALL WINNER

**Glenn Williams**

**March Categories: 60's Music/60's TV/60's Music-Name that Tune**

**Monday March 6th @ 10:15      Free lunch winners & \$10 Card for top winner**

### **DID YOU KNOW...**

The Andover Senior Center is an IRS approved 501c3! We are financed by donations, memorials, fundraisers, grants and special events. We appreciate your membership and donations to our Center. **THANK YOU!**



Gloria Arnett	Larry Bally	Keith Boone
Donna Brodin	Julie Clark	Steven Frazier
Rita Herl	Ruth Horack	Larry Lanz
Sheilah Liebherr	Donella Lingle	Shelly Livengood
James Mitchum	Herbert Rea	Philip Robinson
Lavonna Schrageck	George Seidel	Joyce Stevenson
Janie Whitson	Janel Williams	James Carr
Cecelia Figueroa	Stan Gibson	Bradley Johnson

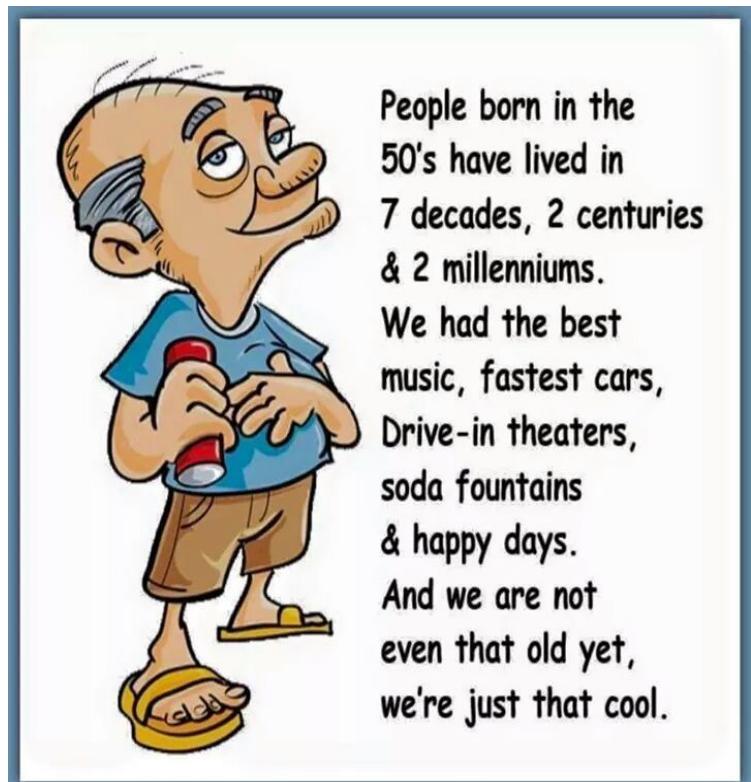


"If you must look back, do so forgivingly. If you must look forward, do so prayerfully. However, the wisest thing you can do is be present in the present....Gratefully."

Maya Angelou



Adrienne Frantz



**BUNCO WINNERS**

**Most Wins:** Tracey Frazier

**Most Losses:** Karen Handsaker

**Most Buncos:** Sharon Turner

**Middle of the Road:** Angie Wormhoudt

**Monkey:** Debbie Mauk

**Next game Monday March 20th @ 12:30 \$5**

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I want to say Thank You to my office assistant Ken Cunningham. You are the best assistant I Could wish for.

Love,

Margit

If you are interested in learning to play bridge,

OR

If you're interested in playing pitch in the afternoon

Please call 316-733-4441

Thank you to the Andover Community and Dillons for the roses on Valentines Day!!!

It was so appreciated and brought so much joy to our members.

To the 9 year old boy who read our newsletter, saw our donation requests and decided to go out with his savings and purchase wish list items for our Center.

THANK YOU!!!

We are so grateful to you for your kindness. Your thoughtfulness shows all of us that the future is in good hands .

Thank You to Joanne Westwood

for volunteering to do our monthly Birthday calls !!!

You are appreciated



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## Andover Senior Center Wish List!

The Andover Senior Center has a running list of items we use on a weekly basis. Would you be willing to donate an item or two from the list below

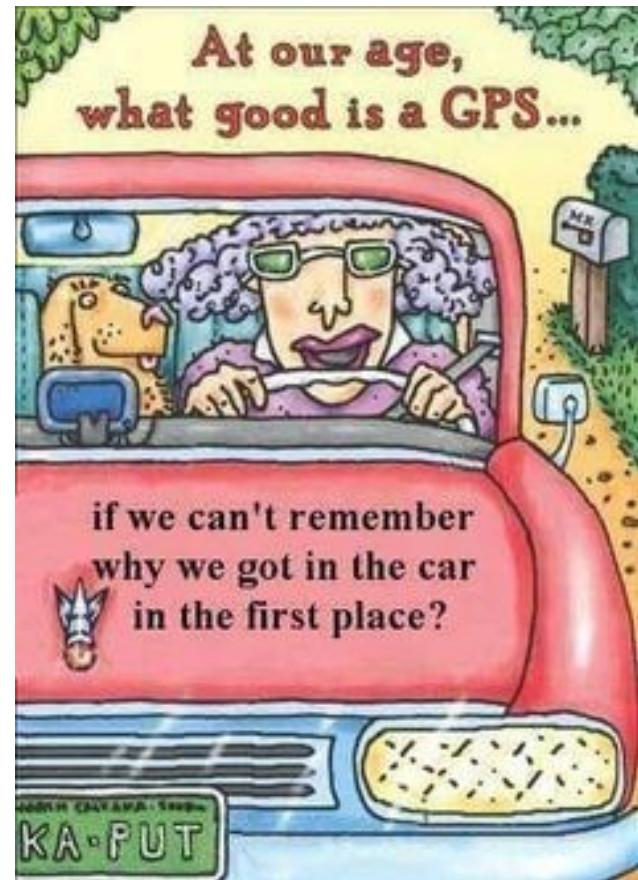
### BINGO Prizes:

Soups	Assorted Crackers
Canned Veggies/Fruits	Canned Tuna
Paper Towels	Canned Chicken
Toilet Paper	Gift Cards
Bath Soap	
Shampoo	
Toothpaste	
Laundry Products	

*Make a Difference!*  
**DONATE**

### General Building:

Coffee/Regular & Decaf  
Single Serving Liquid Creamer  
Copy Paper  
Styrofoam cups 12oz



## LIEAP Program

LIEAP stands for Low Income Energy Assistance Program. This is a government program to help low income households pay their energy bills. Enrollment is Jan 3rd to March 31st.

An enrollment event is planned at the Augusta Community Caring Center, 1301 Helen, Augusta KS on March 7th from 10am to 2pm. Customer service representatives will be available to help people to apply for assistance. \*\*\*They must have at least 25 people to make this event happen\*\*\*

If successful , this event will be held annually.

Please call The Augusta Community Caring Center @ 316-775-3342 to register. Walk-ins will be helped as time allows.

This event is open to all Butler County households.

Additional information:

<http://www.dcf.ks.gov/services/ees/Pages/EnergyAssistance.aspx>

**In 1/3 of all ATM card frauds, cardholders wrote their PIN on their ATM card or on a slip of paper kept with their card.**

### **Banking**

**Prevent identity theft:**

**Sign credit or bank cards when they arrive** and carry them separately from your wallet.

**Never have your SSN printed on your checks.**

**Do not let merchants handwrite your SSN on your checks.**

**Pick up new checks at the bank** instead of having them mailed.

**Store cancelled checks in a safe place.**

### **If You Are A Victim:**

**Cancel the account.**

**Set up new accounts/passwords.**

**Stop payment** on unauthorized checks.

**Contact check verification companies** that handle your checks.

### **ATMs**

**Shield your hand** when using an ATM.

**Memorize your PIN.** Never carry it in your wallet or purse. Never write it on your ATM card or on the outside of a deposit slip or envelope.

**Always take ATM receipts** with you.

**Monitor statements.**

**If your ATM card has been misused, report it immediately.**

**Follow-up all calls with a letter. Order a new card with a new account. Set up a new password or PIN.**

*This information was taken from the National Child Safety Council "Identity Theft" booklet*



### **Shopping for Seniors**

This program is volunteer based through the **RSVP Program, 316.775.0500**. It is designed to assist seniors who cannot shop for themselves but are capable of giving their grocery order over the telephone to volunteers who then pass the list to volunteer shoppers. Highlights of this program include:

There is no cost to participants (except for cost of their groceries).

Volunteers carry the groceries into the home.

### **Butler County Transportation**

The Butler County Transit Program through the Butler County Department of Aging is a general public transportation program that offers a variety of routes throughout the county to help meet your travel needs. All general public transportation vehicles are handicapped accessible. Butler County Transit does not furnish wheelchairs.

Currently the general public transportation rides in the Andover area are available by reservation Monday through Friday from 8:30-3:00.

To make a reservation or get information on fares, please contact the Transit Program at 316.775.0500.

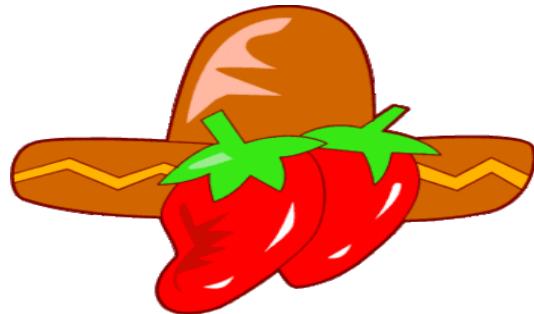
# ANDOVER SENIOR CENTER

**410 Lioba Drive**

## **FUNDRAISER**



## **MONTERREYS**



**WEDNESDAY, March 15TH**

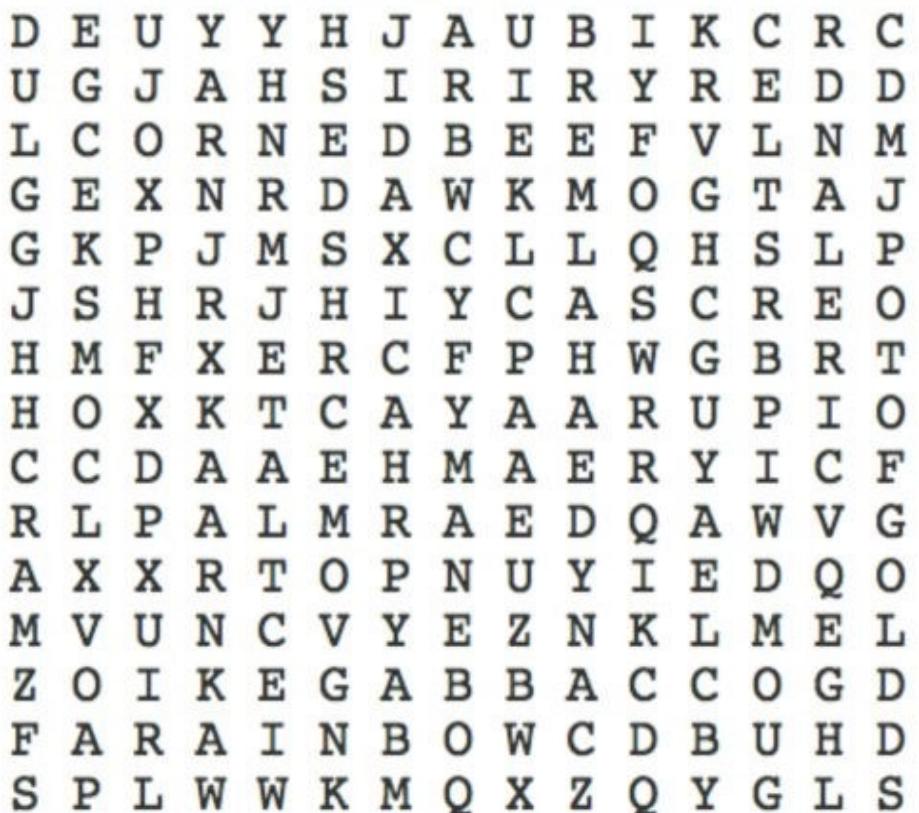
**Serving begins @ 11am**

**\$7**



**Dessert  
Tea or Water**

# Saint Patrick's Day Word Search



CABBAGE  
CELT  
CORNED BEEF  
FOUR LEAF CLOVER  
GREEN  
HOLIDAY  
IRELAND  
IRISH

LEPRECHAUN  
LUCKY  
MARCH  
PARADE  
PATRICK  
POT OF GOLD  
RAINBOW  
SAINT  
SHAMROCK