



# Andover Senior Center

## The MONTHLY REVIEW

Andover Senior Center, 410 Lioba, Andover, KS 316.733.4441  
Hours of Operation: Mon-Thu 8:30am-4:30pm Friday 8:30am-4pm  
andoverseniorcenter1@gmail.com Director-Margit Gibbons



### 2023 Board of Directors

- Pat Huck/President
- Dixie Aarstad/Vice President
- Susan Andrews/Treasurer
- Barb Minton/Secretary
- Bob Linden/Trustee
- Sam Minton/Trustee
- Wade Brodin/Trustee

*If Someone is*

**May 2023**

falling behind in life, you don't have to remind them, believe me, they already know. *If someone is unhealthy, they know. If someone is failing, they know. If someone is struggling in relationships, with money, with self-image, they know.*, it's what consumes their thoughts each day. *What you need to do for those that are struggling is not to reprimand, but encourage. Tell them what's good about their lives, show them the potential that you see for them. Love them where they are.* When we cannot see clearly for ourselves, we need others to speak greatness over us. People don't need you to tell them what's wrong with their lives, they already know. They need you to reassure them that they can still make it right. *Be that difference in someone's life... By just being kind.*

*Author Unknown*



### **ATTENTION MEMBERS**

**The ASC Board recently voted to increase our annual membership dues from \$12 to \$15, effective June 1st, 2023. This increase is due to the rising cost of groceries, utilities, insurance and general maintenance. We appreciate your understanding in this matter.**

*Our mission is to foster fellowship and recreation enjoyment for seniors in our community.*



# May 2023-MENU

SUGGESTED DONATION \$5.00

Meals are subject to change

Served @ 11:30



Mon	Tue	Wed	Thu	Fri
1 Chicken Salad Croissant Broccoli Salad Dessert	2 Sloppy Joes Baked Beans Coleslaw Dessert	3 Pancakes Sausage Patty Fruit Dessert	4 Fried Chicken Leg Creamed Corn Salad Dessert	5 Cheeseburger Tomato/Lettuce Waffle Fries Pink Salad Dessert
8 Hot Beef Sandwich Potatoes w/Gravy Pea Salad Dessert	9 Taco Bar Refried Beans Chips & Salsa Dessert	10 Chefs Salad Cottage Cheese Hard Boiled Egg Crackers Dessert	11 BLT Sandwich Chips 3 Bean Salad Veggies w/Ranch Dessert	12 Meatloaf Mashed Potatoes Brown Gravy Garlic Green Beans Dessert
15 Chicken Fried Steak Mashed Potatoes Gravy Roasted Zucchini Dessert	16 Lasagna Garlic Knots Salad Dessert	<u>17</u> <u>FUNDRAISER</u> <u>Starts @ 11am</u> <u>MONTERREY</u> <u>Dessert</u>  <u>\$7</u>	18 Chicken Casserole 1/2 Baked Potato Mixed Veggies Dessert	19 Oven Fried Fish Macaroni Salad Salad Dessert
22 Tuna Casserole Spinach Salad Roll w/Butter Dessert	23 Shepherds' Pie Salad Garlic Bread Dessert	24 Breakfast Sandwich Hashbrowns Fruit Cinnamon Roll	25 Bierock Casserole Potato Salad Cucumber Salad Dessert	26 Salmon Patties Italian Pasta Salad Glazed Carrots Dessert
29 CLOSED 	30 Chicken Caesar Salad Deviled Eggs Asst. Crackers Dessert	31 Goulash Cheddar Biscuits Salad Dessert B-Day Cake		



# DAILY ACTIVITIES

COFFEE HOUR @ 8:30

Lunch Served @ 11:30



Mon	Tue	Wed	Thu	Fri
1 9:30 Exercise 10:15 Trivia 12:30 LCR 1:00 Bridge	2 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	3 9:30 Exercise 10:00 Bible Study 12:30 Grief Support w/Tony 1:00 Bridge	4 10:00 Donuts w/Chief 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 7:00 Pitch	5 9:30 Exercise 12:30 Bingo
8 9:30 Exercise 10:00 Memory Cafe 1:00 Bridge	9 <b>Resource/Health FAIR</b> <b>10:00-3pm</b>	10 9:30 Exercise 10:00 Bible Study 1:00 Bridge	11 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 7:00 Pitch	12 9:30 Exercise 12:30 Bingo
15 9:30 Exercise 12:30 Bunco 1:00 Bridge	16 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	17 <b>FUNDRAISER</b> <b>11am</b> <b>MONTERREY</b> <b>\$7</b> 1:00 Bridge	18 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 7:00 Pitch	19 9:30 Exercise 12:30 Bingo
22 9:30 Exercise 10:00 Memory Cafe 1:00 Bridge 2:00 Ceramics	23 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	24 9:30 Exercise 10:00 Bible Study 1:00 Bridge	25 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 7:00 Pitch	26 9:30 Exercise 12:30 Bingo
29 CLOSED 	30 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	31 9:30 Exercise 10:00 Bible Study 1:00 Bridge 6:00 BUNCO		



## EVENTS & SPEAKERS...



**Monday May 1st @10:15**— TRIVIA

**Tuesday May 2nd @ 11:30**— K-State Horticulture w/Calla

**Wednesday May 3rd @ 11:30**— Enhabit Hospice w/Tiffany

**Thursday May 4th @ 10:00**— Donuts with the Chief

**Monday May 8th @ 10:00**—Memory Café w/ Stay at Home Solutions & Paulette

**Tuesday May 9th— SENIOR RESOURCE HEALTH FAIR 10-3pm**

**Thursday May 11th @ 11:30—** Via Christi St.Francis w/ Lenzi

**Monday May 15th @ 12:30— BUNCO                    \*\*\*\$5\*\*\***

**Tuesday May 16th @ 11:30**— Elderly Law of Kansas w/ Attorney Michael C. Brown

**Thursday May 18th @ 1pm**— SCIENCE FAIR sponsored by Medicare w/Jake

**Friday May 19th**— Hermes Foot Care call 316-260-4110 for appointment

**Monday May 22nd @ 10:00**— Memory Café w/ Stay at Home Solutions & Paulette

**Monday May 22nd @ 2pm— Ceramic Painting w/ "You're Fired Ceramics"**

**Wednesday May 24th @ 3pm** – ASC Board Meeting

**Wednesday May 24th**— Foot Care w/Michelle Stienke call 316-946-0722 for appointment

**Thursday May 25th @ 11:30 – Andover Empower Physical Therapy w/ Dr Kaycee**

**Friday May 26th @ 10:45— GENERAL MEMBERSHIP MEETING {let your voice be heard}**

**Monday May 29th**—CLOSED in Observance of Memorial Day

**Wednesday May 31st @ 11:30— BIRTHDAY CAKE sponsored by Medicare with lake**

*Wednesday May 31st @ 6pm— BUNCO      \*\*\*\$5\*\*\**

Find us on Facebook to keep updated on all upcoming events not listed above.





Free food is being distributed @ The Augusta Community Caring Center Commodities Distribution Center for low income individuals who live in Butler County.

1301 Helen Street, Augusta, KS

Boxes of food will be passed out every 3rd Saturday.

No paperwork to fill out, just proof you are from Butler County.

### **United Methodist Open Door Commodity Supplemental Food Program**

The Andover Senior Center is a distribution center for the United Methodist Open Door Commodity Program based out of Wichita, KS. This program is designed to assist people who are on a limited income by providing food such as canned goods, cereal, dry milk, cheese, etc. to help supplement their food needs for the month.

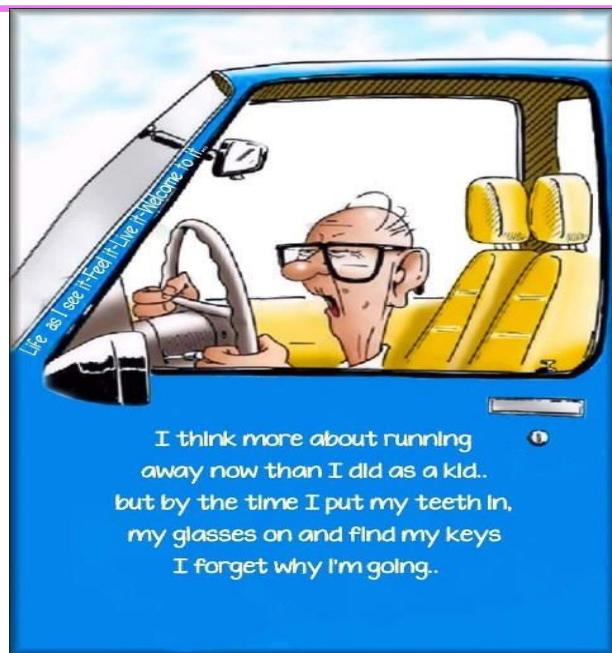
If you are interested in receiving commodities, please stop by the Andover Senior Center office to pick up an application for qualification of the service. The application isn't long and Margit will fax to the Open Door office to keep your waiting time minimal. This is a great service

### **CALLING ALL MEMBERS...**

Do you know someone **age 50 or older**? Are they interested in having fun, engaging in some great conversations and meeting new people as interesting as they are?

Well, let's get them signed up as new members of the Andover Senior Center!

Stop by the office and pick up a brochure or two that you can share with people you know!



### **Service for Seniors**

If you are homebound, and live in or near the city of Andover, we can deliver lunch to you.

Please call the office, 733-4441 for further info.

**Suggested donation is  
\$5 per day for delivery.**



### **DID YOU KNOW...**

The Andover Senior Center is an IRS approved 501c3! We are financed by donations, memorials, fundraisers, grants and special events. We appreciate your membership and donations to our Center. **THANK YOU!**

# Andover Area Senior Resource Fair

**Make the rest of your life the best of your life!**

Join Angels Care Hospice, the Andover Senior Center, and our event sponsors at the Andover Area Senior Resource Fair!

**TUESDAY, MAY 9th**

10:00 am - 3:00 pm

**Andover Senior Center**  
410 Lioba Dr., Andover, KS 67010



Complimentary blood pressure checks at the Angels Care Hospice booth!



Drawings for a complimentary door prize from Angels Care Hospice & vendor prizes!

**Thank you to our sponsors!**



Aetna Better Health® of Kansas



Serving:  
**Wichita** and surrounding areas  
**316-854-0859**  
[angelscarehospice.com](http://angelscarehospice.com)

## DID YOU KNOW...

The Andover Senior Center is an IRS approved 501c3? We are financed by donations, memorials, fundraisers, grants and special events. We appreciate your membership and donations to our Center.  
**THANK YOU!**



Cora Asenero

Cheri Bentley

Del Chinn

Irma Crim

Jim Dake

Rod Gray

Caroline Hale

Flo Hughes

Lillian Jepson-Harris

Richard King

Ranae Lawson

Sara Lewis

Helen Martin

Nell Mayes

Kenny McElvain

Cathy McCarthy

Thomas Medill

Carol Minton

Ronnie Minton

Teri Pacifico

Norma Jean Porter

Ronnie Shackelford

Cheryl Smyres

Connie Stowell

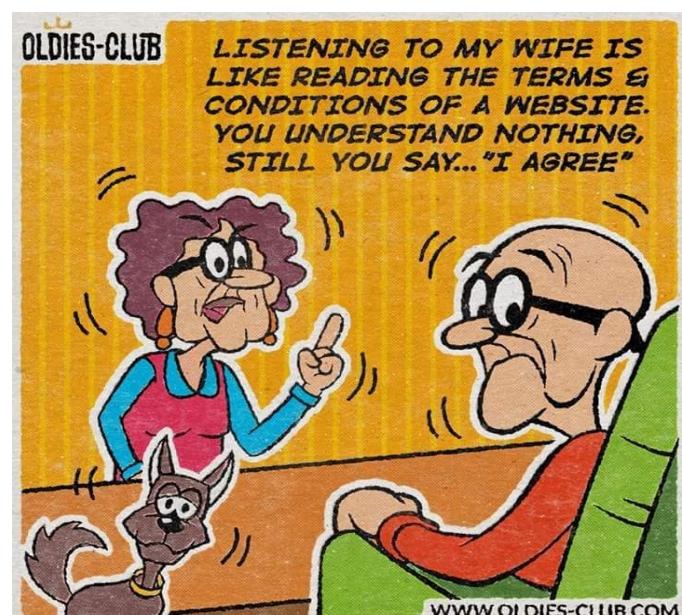
Diana Thomas

Dick Underwood

Angie Wormhouldt



The Andover Senior Center would like to thank the wonderful and kind member who donated our new surround sound system. Your generosity is greatly appreciated. Our Center now not only rocks...but it rock & rolls !!!





# WINNERS >>>>>>>

## TRIVIA WINNERS

Donna Courtright

Janel Williams

JoAnn Westwood

Come & test your memory with us...

Monday May 1st @ 10:15 am

Categories:

Flower Identification

Popular Proverbs

80's Country Music

## OVERALL WINNER

JoAnn Westwood

Category winners receive a Free Center lunch

Overall winner receives a \$10 gift card



### LCR Winners

1st Game: Tracey Frazier

2nd Game: Margit Gibbons

3rd Game: Sandra Keck

4th Game: Tracey Frazier

5th Game: Tracey Frazier

6th Game: Beverly Fredrick

Next Game:

Monday May 1st @ 12:30

Bring 18 pennies



### BUNCO WINNERS

Most Wins: Karen Handsaker

Most Losses: Rolland Benoit

Most Buncos: Margit Gibbons

Middle of the Road: Tammy Ball

Monkey: Margit Gibbons

Next games will be held:

Monday May 15th @ 12:30

Wednesday May 31st @ 6pm

\$5 to play

Sign up and roll the dice!!!

## Andover Senior Center Wish List!

The Andover Senior Center has a running list of items we use on a weekly basis. Would you be willing to donate an item or two from the below list?

**Soda Pop: Pepsi, Dr. Pepper, Coke, Root Beer**

**Coffee: Regular (filters too)**

**Copy Paper**

**Bingo Prizes**

**Stamps**



**You're  
Fired!  
Ceramics**



## COME OVER AND JOIN US FOR LUNCH!

We would love for you to stop in the Senior Center and have lunch with us! It's fun, full of interesting people, conversation **AND** you receive a great meal, dessert and drink for a suggested donation of **\$5** . **If possible, please rsvp so we can save you a seat! 316-733-4441**



LUNCH TIME

## CERAMIC PAINTING

Monday May 22nd @ 2pm

\$10 includes supplies and firing

Flowers & Spring time theme



© CanStockPhoto.com

## Shopping for Seniors

This program is volunteer based through the **RSVP Program, 316.775.0500**. It is designed to assist seniors who cannot shop for themselves but are capable of giving their grocery order over the telephone to volunteers who then pass the list to volunteer shoppers. Highlights of this program include:  
There is no cost to participants (except for cost of their groceries).  
Volunteers carry the groceries into the home.

## Butler County Transportation

The Butler County Transit Program through the Butler County Department of Aging is a general public transportation program that offers a variety of routes throughout the county to help meet your travel needs. All general public transportation vehicles are handicapped accessible. Butler County Transit does not furnish wheelchairs.

Currently the general public transportation rides in the Andover area are available by reservation Monday through Friday from 8:30-3:00.

To make a reservation or get information on fares, please contact the Transit Program at 316.775.0500.

# DRIVER SAFETY



Real Possibilities

## AARP Smart Driver Class

Take the AARP Smart Driver Class and you could save on your car insurance.

Refresh your driving skills & knowledge of the rules of the road.

### Andover Senior Center

**Wednesday June 7th @ 12noon until 4pm**

To register please come by the office or call Margit @ 316-733-4441

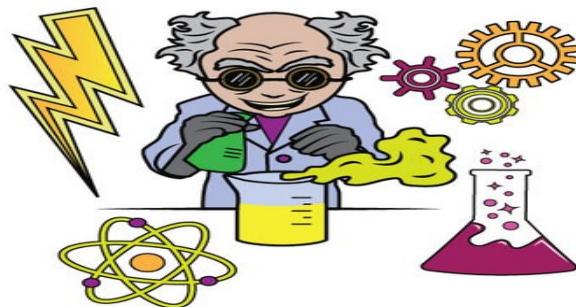
\$20 for AARP Members

\$25 for non members

# SCIENCE FAIR

ANDOVER SENIOR CENTER

THURSDAY MAY 18TH @ 1PM



INTERACTIVE ACTIVITIES AND SCIENCE EXPERIMENTS

SPONSORED BY MEDICARE WITH JAKE

# **MONTERREY FUNDRAISER**

***Andover Senior Center***

**410 Lioba Drive**



gg65609239 GoGraph.com

***Wednesday May 17th, 2023***

**Serving begins @ 11am**

**MONTERREY**

***Choice of a Delicious Dessert***

**\$7**

**Dine-in or carryout**



# Spring Word Search

C	H	I	C	K	E	J	U	N	E	G	R	W	O	W
H	P	U	D	D	L	E	M	A	P	R	I	L	H	S
I	B	L	O	H	B	U	N	N	Y	E	B	O	M	E
B	A	S	E	B	A	L	L	T	T	E	U	M	A	E
S	U	M	A	M	A	T	C	H	A	N	T	F	R	D
H	O	T	S	P	R	I	C	I	N	G	T	L	C	S
N	E	S	T	T	A	P	I	H	E	A	F	O	H	O
E	G	S	G	E	T	R	A	I	N	B	O	W	L	R
E	G	S	S	Y	R	E	W	S	O	L	Y	E	E	A
A	S	E	H	B	U	F	N	N	S	O	L	R	S	I
E	G	R	O	W	O	F	L	L	Y	O	Y	S	S	N
A	N	U	W	E	F	M	A	Y	Y	M	V	R	O	C
S	A	N	E	R	A	N	B	O	W	S	H	E	S	O
U	M	B	R	E	L	L	A	E	A	S	T	E	R	A
T	H	A	S	P	R	I	N	G	P	U	D	D	E	T

APRIL	FLOWERS	PASSOVER
BASEBALL	GREEN	PUDDLE
BLOOM	GROW	RAINBOW
BUNNY	HATCH	RAINCOAT
BUTTERFLY	JUNE	SEEDS
CHICK	MARCH	SHOWERS
EASTER	MAY	SPRING
EGGS	NEST	UMBRELLA

