



Andover Senior Center

The MONTHLY REVIEW



Andover Senior Center, 410 Lioba, Andover, KS 316.733.4441

Hours of Operation: Mon-Thu 8:30am-4:30pm Friday 8:30am-4pm

andoverseniorcenter1@gmail.com Director-Margit Gibbons

2023



Thank you for your sacrifice,

You gave your strength, your youth, and time.

You did a job that not many will.

You deserved our respect, and you do still.

Though you didn't give your life, you were a willing soul.

Only your brothers in combat, your suffering truly know.

We love that you are here with us and honor who you are.

A grateful nation appreciates every single scar.

That wrote upon the slate of you, though you were so brave.

You came back to us a hero, you are not quite the same.

For you have learned to bear the weight, of defending freedom's call.

But you did come back, and that is what we give thanks for most of all.

May God Bless all of America's Veterans.



Our mission is to foster fellowship and recreational enjoyment for the seniors in our community.



NOVEMBER 2023-MENU

SUGGESTED DONATION \$5.00

Meals are subject to change

Served @ 11:30



Mon	Tue	Wed	Thu	Fri
		1 BBQ Chicken Sand. Baked Beans Tomato Salad Dessert	2 Ham & Beans Cornbread Salad Dessert	3 Cheeseburger w/fixings French Fries Dessert
6 Soft Tacos Spanish Rice Refried Beans Dessert	7 Veg Beef Soup Grilled Cheese Salad Dessert	8 Chicken/Dumplings Sweet Potatoes Salad Dessert	9 Veteran's Luncheon Meatloaf Mashed Potatoes Green Beans Dessert	10 CLOSED  VETERANS DAY
13 Broc/Cheese Soup Ham Sandwich Salad Dessert	14 Bierock 3 Bean Salad Cucumber Salad Dessert	15 Salmon Patties Baked Potato Salad Dessert	16 Chicken & Noodles Mashed Potatoes Green Beans Dessert	17 THANKSGIVING LUNCHEON Starts @ 11am Sponsored by ; Equity Bank
20 Goulash Salad Cheddar biscuits Dessert	21 Fried Fish Coleslaw Green Beans Dessert	22 White Chicken Chili Cornbread Salad Dessert	23 CLOSED 	24 CLOSED 
27 Biscuits & Gravy Sausage Patty Scrambled Eggs Fruit	28 Sloppy Joes Macaroni Salad Chips Dessert	29 Chicken Fried Steak Mashed Potatoes Gravy Green Beans Birthday Cake	30 BBQ Pulled Pork Baked Beans Potato Salad Dessert	



DAILY ACTIVITIES

Coffee/Word search starts @ 8:30

Lunch served @ 11:30



Mon	Tue	Wed	Thu	Fri
		1 9:30 Exercise 10:30 Bible Study 12:30 Grief Support 1:00 Bridge 1:00 Pitch	2 9:30 Donuts w/Chief 10:30 Balance Class 12:30 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	3 9:30 Exercise 12:30 Bingo
6 9:30 Exercise 12:30 LCR 1:00 Bridge 1:00 Pitch	7 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	8 9:30 Exercise 10:00 Trivia 11:00 Bible Study 1:00 Bridge	9 10:30 Balance Class 12:30 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	10 CLOSED
13 9:30 Exercise 10:15 Memory Cafe 1:00 Bridge 1:00 Pitch	14 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	15 9:30 Exercise 10:30 Bible Study 1:00 Bridge	16 10:30 Balance Class 12:30 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	17 Thanksgiving Feast Starts @ 11am Sponsored By: Equity Bank Bingo Cancelled
20 9:30 Exercise 12:30 Bunco 1:00 Bridge 1:00 Pitch	21 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	22 9:30 Exercise 10:30 Bible Study 1:00 Bridge	23 CLOSED 	24 CLOSED
27 9:30 Exercise 10:15 Memory Cafe 1:00 Bridge 1:00 Pitch	28 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	29 9:30 Exercise 10:30 Bible Study 1:00 Bridge	30 10:30 Balance Class 12:30 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	

SPEAKERS & EVENTS...

Wednesday November 1st @ 12:30 - Grief Support Group w/Tony

Wednesday November 1st @ 12:30 — AARP Driving Class 12noon-4pm

Thursday November 2nd @ 9:30 — Donuts with the Chief

Monday November 6th @ 12:30 — LCR Dice 18 Pennies

Tuesday November 7th @ 11:30 - Advena Living w/Lottie

Thursday November 9th @ 11:30 — VETERANS DAY LUNCHEON

Thursday November 9th @ 11:30 — Gentiva Hospice w/Wendy

Friday November 10th — CLOSED IN OBSERVANCE OF VETERANS DAY.

Monday November 13th @ 10:15 — Memory Cafe

Tuesday November 14th — Senior Benefits Service w/Hunter Medicare Q & A

Wednesday November 15th @ 3:00 — ASC Board Meeting

Friday November 17th @ 11:00 — THANKSGIVING DINNER sponsored by Equity Bank

Monday November 20th @ 12:30 — BUNCO \$5

Tuesday November 21st @ 11:00 — Senior Benefits Service w/Hunter Medicare Q & A

Wednesday November 22nd — Foot Care by Michelle Appointment only 316-946-0722

Wednesday November 22nd — Birthday Cake sponsored by Medicare w/Jake

Thursday November 23rd — CLOSED in Observance of Thanksgiving

Friday November 24th — CLOSED

Monday November 27th @ 10:15 — Memory Cafe

Wednesday November 29th @ 10:45 — ASC General Membership Meeting

Wednesday November 29th @ 10:45 — ASC Board Elections

The Andover Senior Center would like for you to “*like*” us on Facebook! If you have access to a computer please visit our page. It’s a great place to read about what the Center has been up to and what we have planned going forward! Also will inform you of our events.





TRIVIA

CATEGORY WINNERS

Janel Williams Pat Huck Glenn Williams

OVERALL WINNER

Janel Williams

NOVEMBER CATEGORIES:

World War II

Miscellaneous Trivia

Mamma's & Pappa's Music

Next game held on Wednesday November 8th @ 10:00

BUNCO WINNERS

Most wins: Pat Huck

Most Losses: Kim Clegg

Most Bunco: Tammi Bell

Middle Road: Tammi Bell

Monkey: Tammi Bell



Come & Play

Monday November 20th @
12:30

\$5

Category Winners receive a free Center lunch

Overall Winner receives a \$10 Gift Card

LCR WINNERS

1st Game: Sherri Hollis

2nd Game: Sherri Hollis

3rd Game: Jo Johnson

4th Game: Sherri Hollis

5th Game: Donna Garver

6th Game: Sherri Hollis

Next game is on Monday November 6th @ 12:30

Bring 18 pennies & have some fun.





Huge Shout Out To all the Volunteers that helped sell GAD Buttons !!!

JoAnn Westwood

Donna Courtright

Linda Oxford

Barbara Schmitz

Jerri Shellner

Kim Clegg

Bob Linden

Dixie Aarstad



With your help we raised over \$1200 for the Center.



Thank you to Terry Dozal for purchasing a new 18 QT. Braiser Pot

Thank you to Barb & Sam Minton for painting inside doors/Parking Lot

Thank you D. Burris for the piano removal

To ALL of our Volunteers who help us daily THANK YOU as well!!!

National Family Caregivers Month

November is National Family Caregivers month. If you are a caregiver or know someone who is, the following 10 tips can help you stay mentally and physically healthy while caring for someone else:

1. Seek support from other caregivers. You are not alone!
2. Take care of your own health so that you can be strong enough to take care of your loved one.
3. Accept offers of help and suggest specific things people can do to help you.
4. Learn how to communicate effectively with doctors.
5. Caregiving is hard work so take respite breaks often.
6. Watch out for signs of depression and don't delay getting professional help when you need it.
7. Be open to new technologies that can help you care for your loved one.
8. Organize medical information so it's up to date and easy to find.
9. Make sure legal documents are in order.
10. Give your self credit for doing the best you can in one of the toughest jobs there is!

Interested in reading more about National Family Caregivers Month? Go to <http://caregiveraction.org/> resources for more information on how to care for yourself while caring for others.

NOVEMBER BIRTHDAYS...

Tana Archuleta

Rolland Benoit

Shelly Betts

Elizabeth Christianson

Louise Cradduck

Deborah Craig

Beverly Fredrick

Norma Hale

Peggy Harrison

Dallas Demitt

Sherri Hollis

John Kullman

Patricia LeMay

Pam McElvain

Paul McGinnis

Randol Plunk

Patsy Randol

Glenn Rindt

Linda Roemer

Peggy Rump

Linda Schauner

Barbara Schmitz

Polly Schoening

Lois Sewell

Sally Sharpley

Rosalie Starnes

Sue Windsor



“The mark of a noble individual lies in their unwavering commitment to doing what is right, rather than being swayed by the countless other options available.”

—SENECA

DID YOU KNOW...

The Andover Senior Center is an IRS approved 501c3? We are financed by donations, memorials, fundraisers, grants and special events. We appreciate your membership and donations to our Center. **THANK YOU!**

Andover Senior Center

Wish List!

The Andover Senior Center has a running list of items we use on a weekly basis. Would you be willing to donate an item or two from the list below?

General Area:

Bingo Prizes for Friday Bingo

12oz Styrofoam Cups

12oz Solo Cups

Stamps

And for the pantry:

Tea/ Coffee

Sugar or Creamer Packets

Frosting

We appreciate any and all donations made to the Center in order for us to make your membership enjoyable! **Thank you!**

United Methodist Open Door Commodity Supplemental Food Program

The Andover Senior Center is a distribution center for the United Methodist Open Door Commodity Program based out of Wichita, KS. This program is designed to assist people who are on a limited income by providing food such as canned goods, cereal, dry milk, cheese, etc. to help supplement their food needs for the month.

If you are interested in receiving commodities, please stop by the Andover Senior Center office to pick up an application for qualification of the service. The application isn't long and Margit will fax to the Open Door office to keep your waiting time minimal. This is a great service and available for anyone who needs it!

Service for Seniors

If you are homebound, and live in or near the city of Andover, we can deliver lunch to you.

Call the office, 733-4441 for further info.

Suggested donation is

\$5 per day for delivery.



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"We can afford to get married soon.
I'm almost halfway done with my
student loan payments!"



COME OVER AND JOIN US FOR LUNCH!

We would love for you to stop in the Senior Center and have lunch with us! It's fun, full of interesting people, conversation **AND** you receive a great meal, dessert and drink for a suggested donation of **\$5**.

Come on, let's eat!

Quilt Raffle

Kansas Themed

76" x 76"

Tickets on sale

2 for \$5

5 for \$10

Drawing held Friday Dec 15th,

After Christmas Luncheon



Thanksgiving Meal

sponsored by Equity Bank

Come & join us for a wonderful Thanksgiving Dinner

Friday November 17th starts at 11am

We are asking our members to make their special sides/desserts for the celebration.

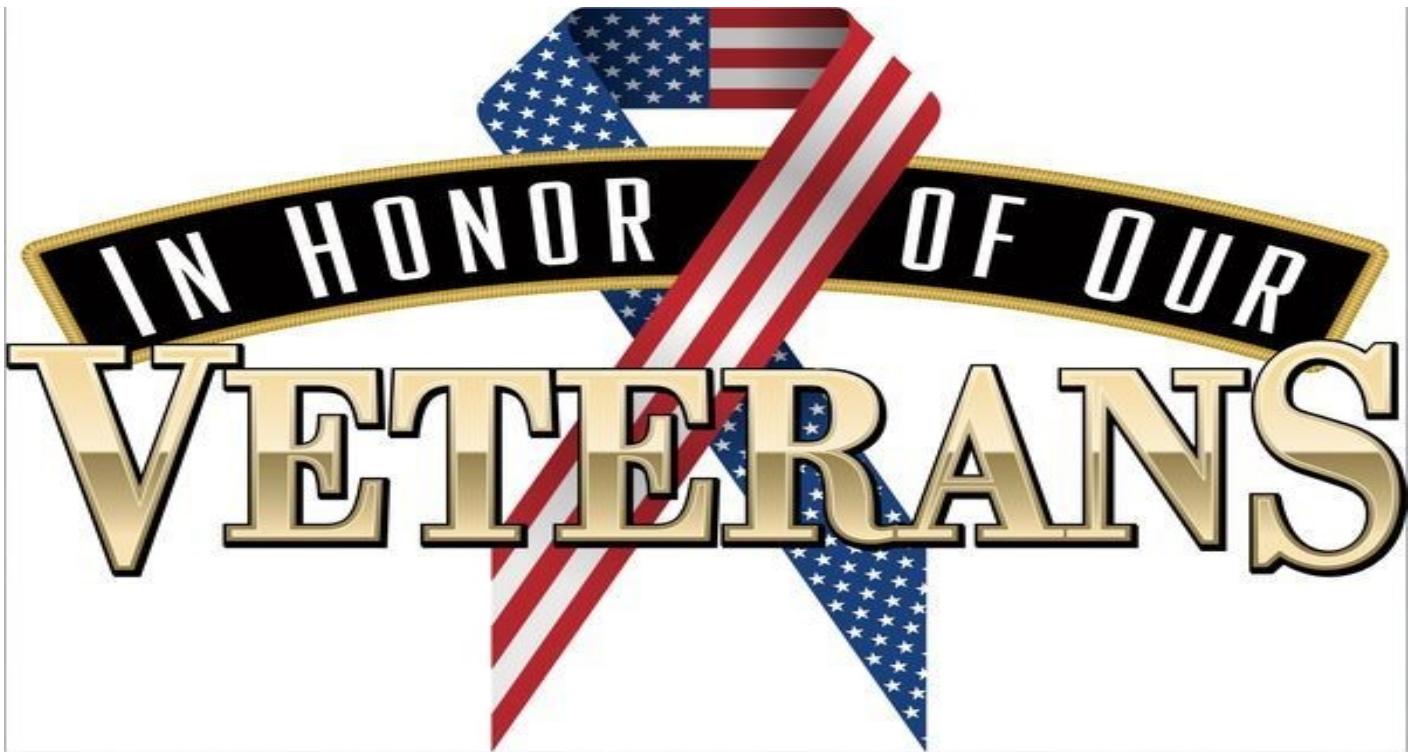
Sign-Up Sheet @ Center or call 733-4441



EQUITY BANK.

**Give
Thanks!**





Come and join us to honor our Veterans...

Andover Senior Center

Thursday November 9th @ 11:30am

Lunch for our Veterans & their spouses

Meatloaf

Mashed Potatoes w/Gravy

Green Beans

Roll w/Butter

Dessert

To All Veterans



Whether At Home Or Abroad

Active Duty ~ Reserves ~ Retired

All Americans Say:

THANK YOU!

Andover Senior Center



Proudly presents the

2023 Annual Craft Show

November 30-December 1

{2 Days only } 9:00 AM—5:00PM

The craft show will feature a vast variety of items from several vendors and will be open to the general public. One table will be dedicated to ASC.

QUILT RAFFLE

Raffle tickets for a beautiful Kansas themed quilt, designed and created by the ASC quilters. Tickets are 2 for \$5 or 5 for \$10 and available through December 14th. The quilt is on display at the Center, with the drawing held at the Center's Holiday Dinner. December 14th.

If you need any additional information, or are interested in signing up as a craft show vendor, **please call 733-4441**.





THANKSGIVING WORD SEARCH



S P T Z K A T N L E W T B C L
T I H W T L M R M R I B R K I
U E A L T B S Q E Z U A G Y P
F S N U S D A E R B N R O C S
F R K F Q X P P W B M E A N V
I E S E B I I O E Z D E I A P
N N G T X L L R T A E K V U T
G N I A G F R V R A P G Z O Z
V I V R M I A A Y M T P U I N
I D I G E O P L U Y T O G I H
K M N S T R Y P L H L J E A O
S Q G T H A N K F U L I M S V
Y E K R U T J Z E P V J M Z S
K J F M S F E A S T N R T A I
V N Y O V O W X T M M J W P F



CORBREAD
FALL
GRATEFUL
PARADE
POTATOES
THANKFUL

CRANBERRIES
FAMILY
HAM
PIES
PUMPKINS
THANKSGIVING

DINNER
FEAST
NOVEMBER
PILGRIMS
STUFFING
TURKEY

