



# Andover Senior Center

## The MONTHLY REVIEW

Andover Senior Center, 410 Lioba, Andover, KS 316.733.4441  
Hours of Operation: Mon-Thu 8:30am-4:30pm Friday 8:30am-4pm  
andoverseniorcenter1@gmail.com Director-Margit Gibbons



2023



Thank you for your sacrifice,

You gave your strength, your youth, and time.

You did a job that not many will.

You deserved our respect, and you do still.

Though you didn't give your life, you were a willing soul.

Only your brothers in combat, your suffering truly know.

We love that you are here with us and honor who you are.

A grateful nation appreciates every single scar.

That wrote upon the slate of you, though you were so brave.

You came back to us a hero, you are not quite the same.

For you have learned to bear the weight, of defending freedom's call.

But you did come back, and that is what we give thanks for most of all.

May God Bless all of America's Veterans.



Our mission is to foster fellowship and recreational enjoyment for the seniors in our community.



# NOVEMBER 2023-MENU

**SUGGESTED DONATION \$5.00**

**Meals are subject to change**

**Served @ 11:30**



Mon	Tue	Wed	Thu	Fri
		1 BBQ Chicken Sand. Baked Beans Tomato Salad Dessert	2 Ham & Beans Cornbread Salad Dessert	3 Cheeseburger w/fixings French Fries Dessert
6 Soft Tacos Spanish Rice Refried Beans Dessert	7 Veg Beef Soup Grilled Cheese Salad Dessert	8 Chicken/Dumplings Sweet Potatoes Salad Dessert	9 <b>Veteran's Luncheon</b> Meatloaf Mashed Potatoes Green Beans Dessert	10 <b>CLOSED</b>  <b>VETERANS DAY</b>
13 Broc/Cheese Soup Ham Sandwich Salad Dessert	14 Bierock 3 Bean Salad Cucumber Salad Dessert	15 Salmon Patties Baked Potato Salad Dessert	16 Chicken & Noodles Mashed Potatoes Green Beans Dessert	17 <b>THANKSGIVING LUNCHEON</b> Starts @ 11am  Sponsored by ; Equity Bank
20 Goulash Salad Cheddar biscuits Dessert	21 Fried Fish Coleslaw Green Beans Dessert	22 White Chicken Chili Cornbread Salad Dessert	23 <b>CLOSED</b>  <b>WE ARE CLOSED TODAY</b>	24 <b>CLOSED</b> 
27 Biscuits & Gravy Sausage Patty Scrambled Eggs Fruit	28 Sloppy Joes Macaroni Salad Chips Dessert	29 Chicken Fried Steak Mashed Potatoes Gravy Green Beans Birthday Cake	30 BBQ Pulled Pork Baked Beans Potato Salad Dessert	



# DAILY ACTIVITIES

**Coffee/Word search starts @ 8:30**

**Lunch served @ 11:30**



Mon	Tue	Wed	Thu	Fri
		<b>1</b>  9:30 Exercise 10:30 Bible Study 12:30 Grief Support 1:00 Bridge	<b>2</b> 9:30 Donuts w/Chief 10:30 Balance Class 12:30 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	<b>3</b>  9:30 Exercise 12:30 Bingo
<b>6</b>  9:30 Exercise 12:30 LCR 1:00 Bridge 1:00 Pitch	<b>7</b>  10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	<b>8</b>  9:30 Exercise 10:00 Trivia 11:00 Bible Study 1:00 Bridge	<b>9</b>  10:30 Balance Class 12:30 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand& Foot 7:00 Pitch	<b>10 CLOSED</b>  
<b>13</b>  9:30 Exercise 10:15 Memory Cafe 1:00 Bridge 1:00 Pitch	<b>14</b>  10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	<b>15</b>  9:30 Exercise 10:30 Bible Study 1:00 Bridge	<b>16</b> 10:30 Balance Class 12:30 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	<b>17</b>  <b>Thanksgiving Feast</b> <b>Starts @ 11am</b> Sponsored By: <b>Equity Bank</b>  <b>Bingo Cancelled</b>
<b>20</b>  9:30 Exercise 12:30 Bunco 1:00 Bridge 1:00 Pitch	<b>21</b>  10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	<b>22</b>  9:30 Exercise 10:30 Bible Study 1:00 Bridge	<b>23 CLOSED</b>  	<b>24 CLOSED</b>  
<b>27</b>  9:30 Exercise 10:15 Memory Cafe 1:00 Bridge 1:00 Pitch	<b>28</b>  10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	<b>29</b>  9:30 Exercise 10:30 Bible Study 1:00 Bridge	<b>30</b> 10:30 Balance Class 12:30 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	

# SPEAKERS & EVENTS...

**Wednesday November 1st @ 12:30**- Grief Support Group w/Tony

**Wednesday November 1st @ 12:30** — AARP Driving Class 12noon-4pm

**Thursday November 2nd @ 9:30**— Donuts with the Chief

**Monday November 6th @ 12:30**—LCR Dice 18 Pennies

**Tuesday November 7th @ 11:30**- Advena Living w/Lottie

**Thursday November 9th @ 11:30**— VETERANS DAY LUNCHEON

**Thursday November 9th @ 11:30**— Gentiva Hospice w/Wendy

**Friday November 10th**— CLOSED IN OBSERVANCE OF VETERANS DAY.

**Monday November 13th @ 10:15**— Memory Cafe

**Tuesday November 14th**— Senior Benefits Service w/Hunter Medicare Q & A

**Wednesday November 15th @ 3:00**— ASC Board Meeting

**Friday November 17th @ 11:00**—THANKSGIVING DINNER sponsored by Equity Bank

**Monday November 20th @ 12:30** — BUNCO \$5

**Tuesday November 21st @ 11:00**— Senior Benefits Service w/Hunter Medicare Q & A

**Wednesday November 22nd**— Foot Care by Michelle Appointment only 316-946-0722

**Wednesday November 22nd**— Birthday Cake sponsored by Medicare w/Jake

**Thursday November 23rd**— CLOSED in Observance of Thanksgiving

**Friday November 24th**— CLOSED

**Monday November 27th @ 10:15**— Memory Cafe

**Wednesday November 29th @ 10:45**— ASC General Membership Meeting

**Wednesday November 29th @ 10:45**— ASC Board Elections

The Andover Senior Center would like for you to “like” us on Facebook! If you have access to a computer please visit our page. It’s a great place to read about what the Center has been up to and what we have planned going forward! Also will inform you of our events.







# TRIVIA

## CATEGORY WINNERS

*Janel Williams Pat Huck Glenn Williams*

## OVERALL WINNER

*Janel Williams*

## NOVEMBER CATEGORIES:

World War II

Miscellaneous Trivia

Mamma's & Pappa's Music

*Next game held on Wednesday November 8th @ 10:00*

*Category Winners receive a free Center lunch*

*Overall Winner receives a \$10 Gift Card*

## **BUNCO WINNERS**

**Most wins:** Pat Huck

**Most Losses:** Kim Clegg

**Most Buncos:** Tammi Bell

**Middle Road:** Tammi Bell

**Monkey:** Tammi Bell



**Come & Play**

**Monday November 20th @  
12:30**

**\$5**

## **LCR WINNERS**

**1st Game:** Sherri Hollis

**2nd Game:** Sherri Hollis

**3rd Game:** Jo Johnson

**4th Game:** Sherri Hollis

**5th Game:** Donna Garver

**6th Game:** Sherri Hollis

**Next game is on Monday November 6th @ 12:30**

Bring 18 pennies & have some fun.





**Huge Shout Out To all the Volunteers that helped sell GAD Buttons !!!**

**JoAnn Westwood**

**Donna Courtright**

**Linda Oxford**

**Barbara Schmitz**

**Jerri Shellner**

**Kim Clegg**

**Bob Linden**

**Dixie Aarstad**



**With your help we raised over \$1200 for the Center.**



**Thank you to Terry Dozal for purchasing a new 18 QT. Braiser Pot**

**Thank you to Barb & Sam Minton for painting inside doors/Parking Lot**

**Thank you D. Burris for the piano removal**

**To ALL of our Volunteers who help us daily THANK YOU as well!!!**

#### **National Family Caregivers Month**

November is National Family Caregivers month. If you are a caregiver or know someone who is, the following 10 tips can help you stay mentally and physically healthy while caring for someone else:

1. Seek support from other caregivers. You are not alone!
2. Take care of your own health so that you can be strong enough to take care of your loved one.
3. Accept offers of help and suggest specific things people can do to help you.
4. Learn how to communicate effectively with doctors.
5. Caregiving is hard work so take respite breaks often.
6. Watch out for signs of depression and don't delay getting professional help when you need it.
7. Be open to new technologies that can help you care for your loved one.
8. Organize medical information so it's up to date and easy to find.
9. Make sure legal documents are in order.
10. Give your self credit for doing the best you can in one of the toughest jobs there is!

Interested in reading more about National Family Caregivers Month? Go to <http://caregiveraction.org/> resources for more information on how to care for yourself while caring for others.

# NOVEMBER BIRTHDAYS...

Tana Archuletta

Rolland Benoit

Shelly Betts

Elizabeth Christianson

Louise Craddock

Deborah Craig

Beverly Fredrick

Norma Hale

Peggy Harrison

Dallas Derwitt

Sherri Hollis

John Kullman

Patricia LeMay

Pam McElvain

Paul McGinnis

Randol Plunk

Patsy Randol

Glenn Rindt

Linda Roemer

Peggy Rump

Linda Schauner

Barbara Schmitz

Polly Schoening

Lois Serwell

Sally Sharpley

Rosalie Starnes

Sue Windsor



*"The mark of a noble individual lies in their unwavering commitment to doing what is right, rather than being swayed by the countless other options available".*

—SENECA

## DID YOU KNOW...

The Andover Senior Center is an IRS approved 501c3? We are financed by donations, memorials, fundraisers, grants and special events. We appreciate your membership and donations to our Center.

**THANK YOU!**

## Andover Senior Center Wish List!

The Andover Senior Center has a running list of items we use on a weekly basis. Would you be willing to donate an item or two from the list below ?

### General Area:

Bingo Prizes for Friday Bingo

12oz Styrofoam Cups

12oz Solo Cups  
Stamps

### And for the pantry:

Tea/ Coffee  
Sugar or Creamer Packets  
Frosting

We appreciate any and all donations made to the Center in order for us to make your membership enjoyable! **Thank you!**

## United Methodist Open Door Commodity Supplemental Food Program

The Andover Senior Center is a distribution center for the United Methodist Open Door Commodity Program based out of Wichita, KS. This program is designed to assist people who are on a limited income by providing food such as canned goods, cereal, dry milk, cheese, etc. to help supplement their food needs for the month.

If you are interested in receiving commodities, please stop by the Andover Senior Center office to pick up an application for qualification of the service. The application isn't long and Margit will fax to the Open Door office to keep your waiting time minimal. This is a great service and available for anyone who needs it!

### Service for Seniors

If you are homebound, and live in or near the city of Andover, we can deliver lunch to you.

Call the office, 733-4441 for further info.

**Suggested donation is  
\$5 per day for delivery.**



"The sports car and sailboat are investments for my retirement. I'm using them to attract a younger woman who can support me in my old age."

© Randy Glasbergen/ glasbergen.com



## COME OVER AND JOIN US FOR LUNCH!

We would love for you to stop in the Senior Center and have lunch with us! It's fun, full of interesting people, conversation **AND** you receive a great meal, dessert and drink for a suggested donation of \$5 .

*Come on, let's eat!*



# Quilt Raffle

## Kansas Themed

76" x 76"

*Tickets on sale*

2 for \$5

5 for \$10

*Drawing held Friday Dec 15th,*

*After Christmas Luncheon*



## *Thanksgiving Meal*

*sponsored by Equity Bank*

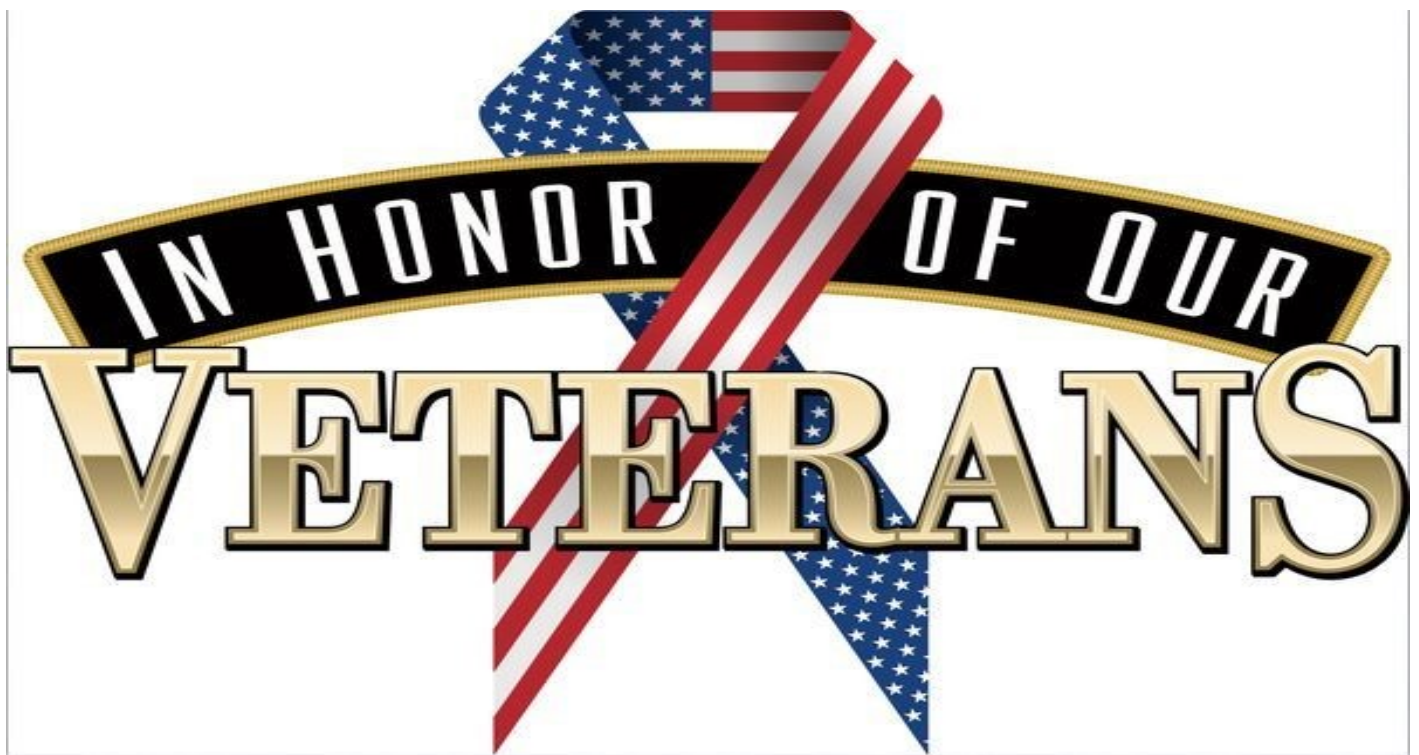
**Come & join us for a wonderful Thanksgiving Dinner**

**Friday November 17th starts at 11am**

**We are asking our members to make their special sides/desserts for the celebration.**

**Sign-Up Sheet @ Center or call 733-4441**





*Come and join us to honor our Veterans...*

*Andover Senior Center*

*Thursday November 9th @ 11:30am*

*Lunch for our Veterans & their spouses*

Meatloaf

Mashed Potatoes w/Gravy

Green Beans

Roll w/Butter

Dessert

**To All Veterans**



**Whether At Home Or Abroad**  
**Active Duty ~ Reserves ~ Retired**

**All Americans Say:**  
**THANK YOU!**





# Andover Senior Center

Proudly presents the

## 2023 Annual Craft Show



**November 30-December 1**  
**{2 Days only } 9:00 AM—5:00PM**

The craft show will feature a vast variety of items from several vendors and will be open to the general public. One table will be dedicate to ASC.

### **QUILT RAFFLE**

Raffle tickets for a beautiful Kansas themed quilt, designed and created by the ASC quilters. Tickets are 2 for \$5 or 5 for \$10 and available through December 14th. The quilt is on display at the Center, with the drawing held at the Center's Holiday Dinner. December 14th.

If you need any additional information, or are interested in signing up as a craft show vendor, **please call 733-4441.**





# THANKSGIVING WORD SEARCH



S P T Z K A T N L E W T B C L  
T I H W T L M R M R I B R K I  
U E A L T B S Q E Z U A G Y P  
F S N U S D A E R B N R O C S  
F R K F Q X P P W B M E A N V  
I E S E B I I O E Z D E I A P  
N N G T X L L R T A E K V U T  
G N I A G F R V R A P G Z O Z  
V I V R M I A A Y M T P U I N  
I D I G E O P L U Y T O G I H  
K M N S T R Y P L H L J E A O  
S Q G T H A N K F U L I M S V  
Y E K R U T J Z E P V J M Z S  
K J F M S F E A S T N R T A I  
V N Y O V O W X T M M J W P F



CORNBREAD  
FALL  
GRATEFUL  
PARADE  
POTATOES  
THANKFUL

CRANBERRIES  
FAMILY  
HAM  
PIES  
PUMPKINS  
THANKSGIVING

DINNER  
FEAST  
NOVEMBER  
PILGRIMS  
STUFFING  
TURKEY

