



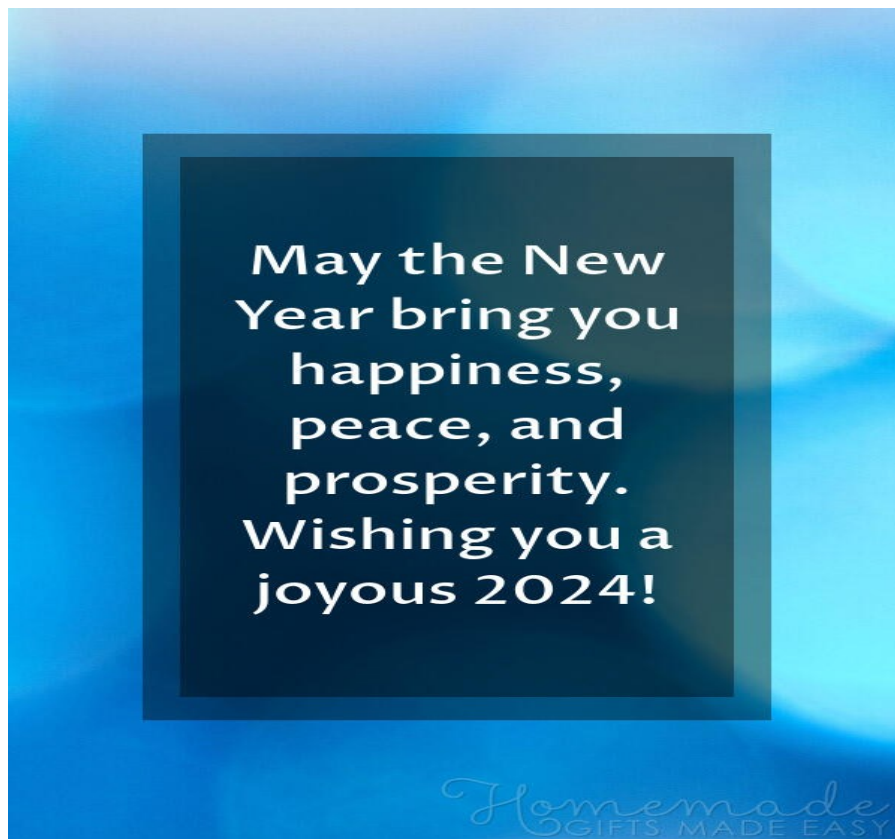
Andover Senior Center The MONTHLY REVIEW

Andover Senior Center, 410 Lioba, Andover, KS 316.733.4441
Hours of Operation: Mon-Thu 8:30am-4:30pm Friday 8:30am-4pm
andoverseniorcenter1@gmail.com Director-Margit Gibbons



2024 Board of Directors

- JoAnn Westwood/President
- Linda Oxford/Vice President
- Wade Brodin/Treasurer
- Barb Minton/Secretary
- Bob Linden/Trustee
- Sam Minton/Trustee
- Stephen Frazier//Trustee



I want to wish everyone a Happy and Healthy New Year.

*The spirit of love and fellowship is alive and flourishing here at our Center,
and for that I want to thank God and all of you!*

*I am so Blessed to be your Director,
Margit*

Our mission is to foster fellowship and recreational enjoyment for the seniors in our community.



January 2024-MENU

SUGGESTED DONATION \$5.00

Meals are subject to change

Served @ 11:30



Mon	Tue	Wed	Thu	Fri
1 Closed 	2 Veg Beef Soup 1/2 Turkey Sand. Salad Dessert	3 Ham & Beans Cornbread Salad Dessert	4 Chicken Salad Croissant Chips Dessert	5 Cheese Burgers w/all the Fixings French Fries Pink Salad
8 Goulash Cheddar Biscuits Salad Dessert	9 Baked Chicken Stuffing Roll w/Butter Mixed Veggies Dessert	10 Meatloaf Mashed Potatoes Gravy Green Beans Dessert	11 Chicken & Noodles Mashed Potatoes Salad Dessert	12 All Beef Hotdog Sauerkraut/Chili Potato Salad Dessert
15 CLOSED 	16 Baked Spaghetti Garlic Bread Salad Dessert	17 <u>FUNDRAISER</u> <u>Starts @ 11am</u> <u>MONTERREY</u> <u>Dessert</u>	18 Cook's Choice	19 Chili Cornbread Salad Dessert
22 Polska Kielbasa w/Potatoes Fried Cabbage Dessert	23 Pizza Day Salad Dessert	24 Bierock Baked Beans Tomato Salad Dessert	25 Ham & Potatoes Casserole Roll w/Butter Salad Dessert	26 Sloppy Joes Coleslaw Chips Dessert
29 Chicken Fried Steak Mashed Potatoes Mixed Veggies Dessert	30 Beef Stroganoff Roll w/Butter Salad Dessert	31 Tomato Soup Grilled Cheese Cucumber Salad Birthday Cake		



DAILY ACTIVITIES

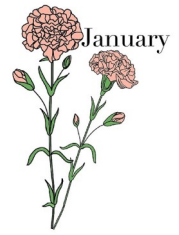
COFFEE HOUR/WORD SEARCH @ 8:30

Lunch Served @ 11:30



Mon	Tue	Wed	Thu	Fri
1 CLOSED 	2 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	3 9:30 Exercise 10:30 Bible Study 12:30 Grief Support 1:00 Crafting Fun 1:00 Bridge	4 9:30 Donuts w/Chief 10:30 Balance Class 12:30 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	5 9:30 Exercise 12:30 BINGO
8 9:30 Exercise 10:15 Memory Café 12:30 LCR 1:00 Bridge 1:00 Pitch	9 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	10 9:30 Exercise 10:00 Trivia 10:45 Bible Study 1:00 Crafting Fun 1:00 Bridge	11 10:30 Balance Class 12:30 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	12 9:30 Exercise 12:30 BINGO
15 Closed 	16 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	17 FUNDRAISER Monterrey's \$8 Starts @ 11am 1:00 Bridge 1:00 Crafting Fun	18 10:30 Balance Class 12:30 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	19 9:30 Exercise 12:30 BINGO
22 9:30 Exercise 10:15 Memory Café 12:30 Bunco 1:00 Bridge 1:00 Pitch	23 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	24 9:30 Exercise 10:30 Bible Study 1:00 Bridge 1:00 Crafting Fun	25 10:30 Balance Class 12:30 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	26 9:30 Exercise 12:30 BINGO
29 9:30 Exercise 1:00 Bridge 1:00 Pitch	30 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	31 10:30 Book Club 10:30 Bible Study 1:00 Bridge 1:00 Crafting Fun		

January Speakers & Events...



Monday January 1st— CLOSED HAPPY NEW YEAR!!!

Wednesday January 3rd @ 12:30— Grief Support w/Tony

Thursday January 4th @ 9:30— Donuts with the Chief

Friday January 5th @ 11:30— Andover City w/ Mayor Price

Monday January 8th @ 10:15— Memory Café

Monday January 8th @ 12:30— LCR Dice ***18 pennies***

Tuesday January 9th @ 11:30— Only Angels Home, Health & Hospice w/Victor

Wednesday January 10th @ 10:00— TRIVIA

Wednesday January 10th @ 3pm— ASC Board Meeting

Friday January 12th @ 11:30— Advena Living w/Liberty

Monday January 15th— CLOSED MLK Day

Tuesday January 16th @ 11:30— Brookdale Assisted Living w/Rick

Wednesday January 17th starting @ 11am— Monterrey Fundraiser \$8

Thursday January 18th @ 11:30— Friends of the Andover Library w/Linda

Monday January 22nd @ 10:15— Memory Café

Tuesday January 23rd @ 11:30— The Regent w/Sherrill

Wednesday January 24th @ 1:00— Basic Computer Class w/Linda Oxford

Wednesday January 24th— Foot Care w/Michelle by Appt Only 316-946-0722

Friday January 26th @ 10:45— ASC General Membership Meeting

Monday January 29th @ 1:00— Nail Polishing & Fun w/ Jo

Tuesday January 30th @ 11:30— V.F.W. w/ David

Wednesday January 31st @ 10:30— BOOK CLUB 1st Meeting

Wednesday January 31st @ 1pm— Arts & Crafts Hour

The Andover Senior Center would like for you to “like” us on Facebook! If you have access to a computer please visit our page. It’s a great place to read about what the Center has been up to and what we have planned going forward! Also will inform you of our events.





Michael Abraham
Susan Andrews
Paula Arguello
Adrianne Boyle
Georgetta Dennett
Saundra Depew
Tony Dimecurio
Martha Ferrell
Sharon Goken
Juanita Hall

Karen Handsaker
Ginny Heinrick
Charlotte Heinrick
Rosalie Kaze
Michael Keller
Linda Kullman
Linda Longshaw
Carol Loy
Pamela Lynn
Gary Mead

Jane Messing
Sue Mideke
Casey O'Donnell
Beth Oller
Chester Peak
David Petrie
Jack Phillips
Richard Pilgram
Chris Smith
Paul Swegart

Shari Theisen
Bud Thompson
Tina Turner
Rosemary Uhlenhop
Rowena Underwood
Carol Warkentine
Marie Williams

Love to Read?



We are starting a book club !!!

To join please sign up @ the Center or call 733-4441.

1st Meeting will be

Wednesday January 31st @ 10:30

Become an ASC Bookworm !!!



DECEMBER TRIVIA WINNERS

CATEGORY WINNERS

MaryAnn Fenske /Pat Huck/Janel Williams

OVERALL WINNER

Janel Williams

JANUARY CATEGORIES:

Food Trivia

Misc. Trivia

Big Band/Jazz Music

Next Trivia

Wednesday, January 10th @ 10:00

Category Winners receive an ASC Lunch

Overall Winner receives

\$10 Gift Card

The happiness of your life
depends on the quality of
your thoughts.

-Marcus Aurelius-

Arts & Crafts Wednesday

Come & craft with us.....

Every Wednesday @ 1pm

Watercolor, Acrylic painting

Drawing & Coloring

Crafting



BUNCO TIME

Bunco will be starting back up !!!

Sign-up sheet @ center or
just call Margit 733-4441 to sign up.

Monday February 12th @ 12:30

\$5

LCR DICE

Come roll the dice with us...

Monday , January 8th @ 12:30

Bring 18 pennies

&

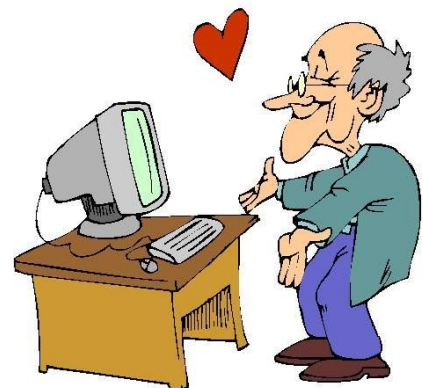
Get ready to have some fun!!!



Computer Class w/ Linda

Wednesday January 24th @ 1pm

***Learn basic computer operations
and how to be safe, while on the
internet.***



S.A.D.

Seasonal Affective Disorder can begin in late fall & last until spring mostly due to fewer daylight hours. You can alleviate the symptoms by doing the following....

- 1) Take a short walk
- 2) Eat comfort foods
- 3) Take up a new hobby
- 4) Visit friends & family
- 5) Talk to your neighbors more
- 6) Enjoy yourself, spoil yourself
- 7) Play cards, games, word searches
- 8) Volunteer your time
- 9) Visit your local Senior Center
- 10) Visit your local Senior Center
(yes , I said it twice)

You are important to us!

Just a reminder

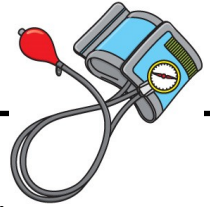
FREE Blood Pressure checks are available @ Center

Thursdays at 10:30am

Megan, with Angels Hospice, provides this .service.

If this is something you want or should be tracking...

Stop in and see us.



Andover Senior Center Wish List!

The Andover Senior Center has a running list of items we use on a weekly basis. Would you be willing to donate an item or two from the list below?

OFFICE:

Copy Paper

Stamps



Pantry:

Soup Crackers

Salad Dressings

Pudding/Jello

Spray Cooking Oil

Shopping for Seniors

This program is volunteer based through the **RSVP Program, 316.775.0500**. It is designed to assist seniors who cannot shop for themselves but are capable of giving their grocery order over the telephone to volunteers who then pass the list to volunteer shoppers. Highlights of this program include:

There is no cost to participants (except for cost of their groceries).

Volunteers carry the groceries into the home.

Butler County Transportation

The Butler County Transit Program through the Butler County Department of Aging is a general public transportation program that offers a variety of routes throughout the county to help meet your travel needs. All general public transportation vehicles are handicapped accessible. Butler County Transit does not furnish wheelchairs.

Currently the general public transportation rides in the Andover area are available by reservation Monday through Friday from 8:30-12:00 Noon.

To make a reservation or get information on fares, please contact the Transit Program at 316.775.0500.

**United Methodist Open Door
Commodity Supplemental Food Program**

The Andover Senior Center is a distribution center for the United Methodist Open Door Commodity Program based out of Wichita, KS. This program is designed to assist people who are on a limited income by providing food such as canned goods, cereal, dry milk, cheese, etc. to help supplement their food needs for the month.

If you are interested in receiving commodities, please stop by the Andover Senior Center office to pick up an application for qualification of the service. The application isn't long and Margit will fax to the Open Door office to keep your waiting time minimal. This is a great service and available for anyone who needs it!

Service for Seniors

If you are homebound and live in or near the city of Andover, we can deliver lunch to you.

Please call the office, 733-4441, for further info.

**Suggested donation is
\$5 per delivery.**

**COME OVER AND JOIN US FOR
LUNCH!**

We would love for you to stop in the Senior Center and have lunch with us! It's fun, full of interesting people, conversation **AND** you receive a great meal, dessert and drink for a suggested donation of \$5 .

Come on, let's eat!





Thanks to Victoria Falls for the delicious Christmas Feast!!!



QUILT RAFFLE WINNER
Brandi Hartman
CONGRATULATIONS



DID YOU KNOW...

The Andover Senior Center is an IRS approved 501c3? We are financed by donations, memorials, fundraisers, grants and special events. We appreciate your membership and donations to our Center.
THANK YOU!



MONTERREY FUNDRAISER

Andover Senior Center

410 Lioba Drive

Wednesday January 17th, 2024

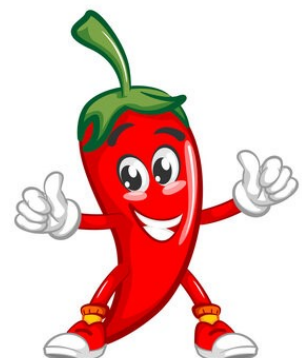
Serving begins @ 11am

MONTERREY

Choice of a Homemade Dessert

\$8

Dine-in or carryout



*January
national
days
word
search*



*Printable
from
Always
the
Holidays*

E H R G Y A D R E T T U B T U N A E P Y M
K O D D A Y S E E I N G E Y E D O G D A Y
O T Y A D D R A O B N O I S I V N Y R D H
R C A Y Y A D E I P Z Z C H E S A T D E O
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A C E I N D A N T N K O H E L A A A D H U
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A T T A O O N R B H E R S A A H S Z R Y R
M E S Y N D N R C R A K E D M A U Z K E E
Y D M D S D E D K W A Y K M R I O U H Z D
D A A H A A E I K Y W L E S A Y P P A I R
O Y R Y D I N C B E I S V I B N S I R N U
O E T D R G A Y N M D E H T T E A A D A M
L H A R J B Y A D A E T T O H Z A E E G D
B Y U R U F I G N E W T O N D A Y N R R A
A C D O G Z B E Y E C A E P F O Y A D O Y
Y A D I T T E H G A P S E Y T W E N A A K
Y A E H Y A D E E F F O C H S I R I Y T Y

MARTIN LUTHER KING JR DAY
PUZZLE DAY
ORGANIZE YOUR HOME DAY
DAY OF PEACE

HOT CHOCOLATE DAY
STICKER DAY
MILK DAY
DAISY DAY

IRISH COFFEE DAY
SNOWMAN DAY
VISION BOARD DAY
SHORTBREAD DAY
BIRD DAY