



Andover Senior Center

The MONTHLY REVIEW

Andover Senior Center, 410 Lioba, Andover, KS 316.733.4441
Hours of Operation: Mon-Thu 8:00am-4:00pm Friday 8:00am-3pm
andoverseniorcenter1@gmail.com Director-Margit Gibbons



2024 Board of Directors

- JoAnn Westwood/President
- Linda Oxford/Vice President
- Wade Brodin/Treasurer
- Barb Minton/Secretary
- Bob Linden/Trustee
- Sam Minton/Trustee
- Stephen Frazier//Trustee

Thank you for your sacrifice,

You gave your strength, your youth, and time.

You did a job that not many will.

You deserved our respect, and you do still.

Though you didn't give your life, you were a willing soul.

Only your brothers in combat, your suffering truly know.

We love that you are here with us and honor who you are.

A grateful nation appreciates every single scar.

That wrote upon the slate of you, though you were so brave.

You came back to us a hero, you are not quite the same.

For you have learned to bear the weight, of defending freedom's call.

But you did come back, and that is what we give thanks for most of all.

May God Bless all of America's Veterans.



NOVEMBER 2024-MENU



SUGGESTED DONATION \$5.00

Meals are subject to change

Served @ 11:30



Mon	Tue	Wed	Thu	Fri
				<p>1</p> <p>Cheeseburger w/all the fixings Pasta Salad Chips Dessert</p>
<p>4</p> <p>Ham & Beans Cornbread Salad Dessert</p>	<p>5</p> <p>Soft Tacos Rice Refried Beans Dessert</p>	<p>6</p> <p>Chicken Casserole Sweet Potatoes Mixed Veggies Roll w/Butter Dessert</p>	<p>7</p> <p>Lil Smokies Mac & Cheese Zucchini Casserole Dessert</p>	<p>8 <u><i>Veteran's Lunch</i></u></p> <p>Meat Loaf Mashed Potatoes Brown Gravy Garlic Green beans Roll w/Butter Dessert</p>
<p>11 CLOSED</p>  <p>VETERANS DAY</p>	<p>12</p> <p>Bacon Quiche Hash Browns Fruit Muffin</p>	<p>13</p> <p>Goulash Cheddar Biscuits Salad Dessert</p>	<p>14</p> <p>Hot Turkey Sand. Stuffing Cranberry Sauce Glazed Carrots Dessert</p>	<p>15</p> <p>Sloppy Joes Baked Beans Coleslaw Dessert</p>
<p>18</p> <p>Chicken Fried Steak Mashed Potatoes White Gravy Green Beans Roll w/Butter</p>	<p>19</p> <p>Creamy Tomato Soup Grilled Cheese Salad Dessert</p>	<p>20</p> <p>Salmon Loaf Roasted Potatoes Peas Roll w/Butter Dessert</p>	<p>21</p> <p>Spaghetti w/Sauce Meat Balls Garlic Bread Salad Dessert</p>	<p>22</p> <p>Thanksgiving Feast Starts @ 11:30</p> <p>Provided by, EQUITY BANK</p>
<p>25</p> <p>Chili Corn Bread Salad Cinnamon Roll</p>	<p>26</p> <p>Tatar Tot Casserole Broccoli w/Cheese Roll w/Butter Dessert</p>	<p>27</p> <p>Chicken Salad Croissant Pea Salad Chips B-Day Cake</p>	<p>28 CLOSED</p> 	<p>29 CLOSED</p> 

NOVEMBER DAILY ACTIVITIES



Coffee/Word search starts @ 8:30

Lunch served @ 11:30

Mon	Tue	Wed	Thu	Fri
				1 9:30 Exercise 12:30 Bingo
4 9:30 Exercise 12:30 LCR 1:00 Bridge 1:00 Pitch	5 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	6 9:30 Exercise 10:30 Bible Study 12:30 Grief Support 1:00 Bridge 1:00 Crafting	7 9:30 Donuts w/Chief 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	8 Veterans Luncheon Starts @ 1130 Bingo Cancelled
11 CLOSED  VETERANS DAY	12 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	13 9:30 Exercise 10:00 Trivia 11:00 Bible Study 1:00 Bridge 1:00 Crafting	14 10:30 Balance Class 10:30 Blood PRS Chks 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	15 9:30 Exercise 12:30 Bingo
18 9:30 Exercise 1:00 Bridge 1:00 Pitch	19 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	20 9:30 Exercise 10:30 Bible Study 1:00 Bridge 1:00 Crafting	21 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	22 Thanksgiving Dinner Starts @ 11am Provided by Equity Bingo Cancelled
25 9:30 Exercise 10:00 Memory Cafe 1:00 Bridge 1:00 Pitch	26 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	27 10:00 Book Club 9:30 Exercise 10:30 Bible Study 1:00 Bridge 1:00 Crafting	28 CLOSED 	29 CLOSED 

November SPEAKERS & EVENTS...

Friday November 1st— Trinity Insurance Group w/Hunter Medicare Q&A 10-2pm

Monday November 4th @ 11:30— Village Travels Motor Coach Tours

Tuesday November 5th- **ELECTION DAY** **GET OUT AND VOTE!**



Tuesday November 5th @ 11:00—The Regent Cocoa Bar & Fun

Wednesday November 6th @ 1:00— Crafting Fun w/Linda

Thursday November 7th @ 11:00— Shofar Ministries Singing & Dancing

Friday November 8th @ 11:30— Veterans Day Luncheon “To Honor Those That Served”

Monday November 11th— CLOSED in Observance of Veterans Day

Tuesday November 12th @ 11:30—Heartland Hospice w/Hailey

Wednesday November 13th @ 10:00— TRIVIA

Wednesday November 13th @ 1:00—Crafting Fun w/Linda

Wednesday November 13th @ 3:00— ASC Board Meeting

Thursday November 14th @ 11:30— Angels Home Health w/Cindy

Friday November 15th @ 10:45- **GENERAL MEMBERSHIP** & **ASC BOARD ELECTIONS**

Wednesday November 20th @ 1:00— Crafting Fun w/Linda

Thursday November 21st @ 11:30— Solid Financial Group w/Jonathan Medicare/Medicaid Q&A

Friday November 22nd @ 11:00— **VETERANS DAY LUNCHEON**

Monday November 25th @ 10:15— Happy Memories Café w/ Barb

Wednesday November 27th— Foot Care w/Michelle by appointment 316-946-0722

Wednesday November 27th @ 11:30— Birthday Cake provided by Inspired Advisors

Wednesday November 27th @ 1:00—Crafting fun w/Linda & special guest Kathleen {Card Making}

Thursday November 28th— **CLOSED IN OBSERVANCE OF THANKSGIVING**

Friday November 29th— **CLOSED IN OBSERVANCE OF THANKSGIVING**

The Andover Senior Center would like for you to “like” us on Facebook! If you have access to a computer please visit our page. It’s a great place to read about what the Center has been up to and what we have planned going forward! Also will inform you of our events.



A Heartfelt thank you to our amazing volunteers!

On behalf of the entire Andover Senior Center, we want to express our deepest gratitude for your invaluable contributions as volunteers. Your dedication and time have made a significant difference in our community, and we truly appreciate your commitment to supporting our center.

Your willingness to assist with events, delivering meals, helping in the kitchen, and so many other things directly impacts our seniors lives. Your positive attitudes and genuine caring have created a welcoming and supportive environment for everyone that walks through our doors.

We are so fortunate to have all of you as part of our Senior Center family.



A Huge shout out and thank you to The Loft Energy and Nutrition!!!

Our ice-maker broke and John & Janelle somehow heard about it and jumped right in to help us. John was kind enough to bring us bags of ice every morning, for almost a month.

Thank you from all our members and staff...The Loft Rocks!!!



DID YOU KNOW...

The Andover Senior Center is an IRS approved 501c3! We are financed by donations, memorials, fundraisers, grants and special events. We appreciate your membership and donations to our Center.

THANK YOU!



We had so much fun at our Hawaiian Day Luau, thank you to all the volunteers who made it possible. Looking forward to doing it again.



2024 Cookie Exchange Event



Thursday December 19th at 10a.m.
Instructions

1. Each Participant will bring 4 dozen of cookies "no more than two different types of cookies."
2. Each Participant will have the opportunity to take 4 dozen cookies home.
3. Cookies may be purchased or baked.
4. Please bring tongs to select cookies. ASC has only a few available.
5. Boxes will be given to each person to put cookies in to take home.
6. Limited to 25 participants
7. Gifts will be given to each person attending after choosing cookies.

MERRY CHRISTMAS!!!



To sign-up for the Cookie Exchange,

Please call the office @ 733-4441 or go to the Center.

**Andover Senior Center
Wish List!**

The Andover Senior Center has a running list of items we use on a weekly basis. Would you be willing to donate an item or two from the list below ?

General Area:

Bingo Prizes for Friday Bingo

12oz Styrofoam Cups

12oz Solo Cups

10" Paper plates

Heavy Plastic Forks, Knives,& Spoons

Copy Paper

Postage Stamps

And for the pantry:

Coffee

Sugar or Creamer Packets

Cake mixes

Frosting

We appreciate any and all donations made to the Center in order for us to make your



OCTOBER CATEGORY WINNERS

Donella Lingle Pat Huck Barb Schmitz

OVERALL WINNER

Pat Huck

NOVEMBER CATEGORIES:

November

Thanksgiving

Patriotic Music

Next game held on Wednesday

November 13th @ 10:00

Category Winners receive a free Center lunch

Overall Winner receives a \$10 Gift Card

**Active Duty Military, Veterans,
and Descendants and Family of
Military and Veterans**

**We Need you to help save your local
American Legion serving the
Andover community
Many of our members are elderly and have
served the community for many years**

**Join Your
ANDOVER AMERICAN LEGION
POST 406 or AUXILIARY**

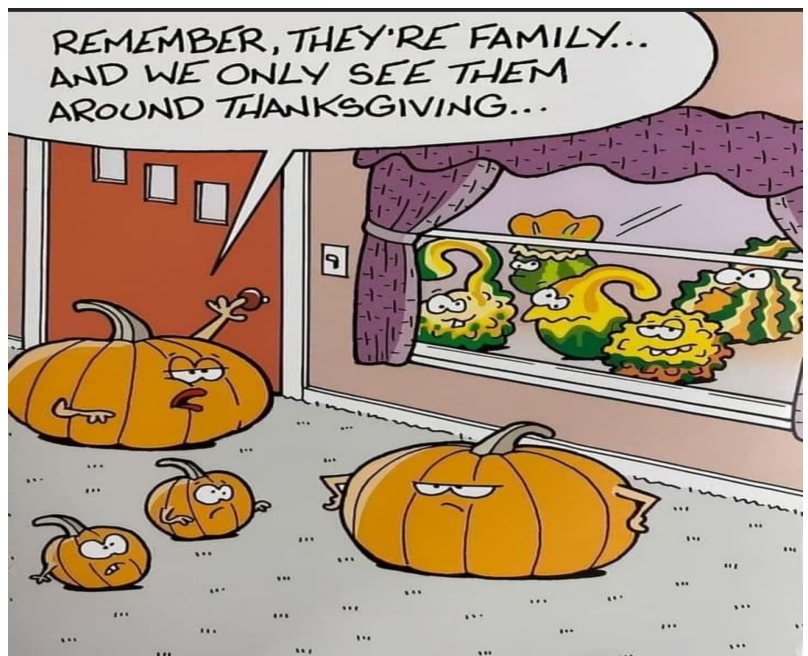
**4th SUNDAY Every Month
(except December)**

Next Meeting October 27th, 2024

**MEETINGS: 3:00
Community Dinner 5:00 pm - \$8.00
Bingo 6:00 pm - \$10.00
Dinner & Bingo Special - \$15.00**

**415 LIOBA
ANDOVER, KANSAS
Come support your Post 406**

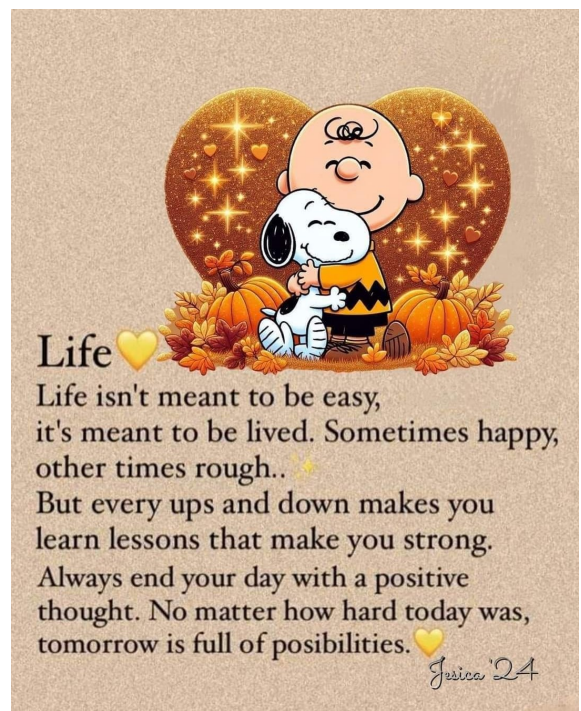
For more information call - 316-990-1856



United Methodist Open Door Commodity Supplemental Food Program

The Andover Senior Center is a distribution center for the United Methodist Open Door Commodity Program based out of Wichita, KS. This program is designed to assist people who are on a limited income by providing food such as canned goods, cereal, dry milk, cheese, etc. to help supplement their food needs for the month.

If you are interested in receiving commodities, please stop by the Andover Senior Center office to pick up an application for qualification of the service. The application isn't long and Margit will fax to the Open Door office to keep your waiting time minimal. This is a great service and available for anyone who needs it!



Andover Senior Center Board Elections

ASC Board Elections will be held on Friday November 15th, 2024 @ 10:45

{ General Membership meeting will follow }

Members are encouraged to please come and vote for your favorite candidate and to stay for the meeting and let us know your suggestions for new activities and events for next year. We need your input.

National Family Caregivers Month

November is National Family Caregivers month. If you are a caregiver or know someone who is, the following 10 tips can help you stay mentally and physically healthy while caring for someone else:

1. Seek support from other caregivers. You are not alone!
2. Take care of your own health so that you can be strong enough to take care of your loved one.
3. Accept offers of help and suggest specific things people can do to help you.
4. Learn how to communicate effectively with doctors.
5. Caregiving is hard work so take respite breaks often.
6. Watch out for signs of depression and don't delay getting professional help when you need it.
7. Be open to new technologies that can help you care for your loved one.
8. Organize medical information so it's up to date and easy to find.
9. Make sure legal documents are in order.
10. Give your self credit for doing the best you can in one of the toughest jobs there is!

Interested in reading more about National Family Caregivers Month? Go to <http://caregiveraction.org/resources> for more information on how to care for yourself while caring for others.

You are cordially invited. . .

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A&C Thanksgiving Dinner

Friday November 22nd @ 11am

Provided by Andover  **EQUITY BANK.**

Join us for great Food, Music, and Fellowship



Quilt Raffle

Sampler Quilt

73" x 82"

Tickets on sale

2 for \$5

5 for \$10

Drawing held Friday Dec 20th

After Christmas Luncheon





Tana Archuletta

Rolland Benoit

Shelly Betts

David Boothe

Louise Cradduck

Bev Frederick

Sheri Hamblin

Peggy Harrison

Suzanne Herzberg

Dallas Hewett

Sherri Hollis

Jack Jacobs

Shirley Kastler

John Kullman

Patricia LeMay

Vivian Lessman

Barbara Lyda

Pam McElvain

Paul McGinnis

Rosalie Norton

Loren Peterson

Randol Plunk

Becky Rodriguez

Linda Roemer

Peggy Rump

Linda Schauner

Barbara Schmitz

Sally Sharpley

Joyce Smith

Christine Souza

Rosa Starnes

Sue Windsor

Pam Ziser



Please Join us as we recognize and honor our Veterans

Andover Senior Center

Friday November 8th @ 11:30am

Free lunch for Veterans & their spouses

Meatloaf

Mashed Potatoes w/Gravy

Green Beans

Roll w/Butter

Dessert





Andover Senior Center

410 Lioba Drive, Andover, KS 67002

2024 Christmas Craft Show

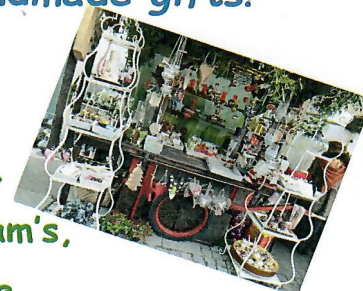
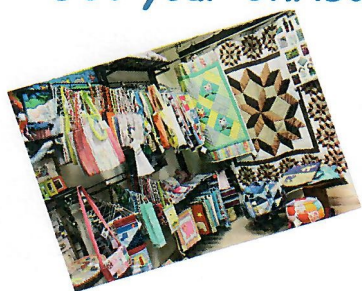
December 5th, 6th, and 7th
Thursday, Friday 9-5 & Saturday 9-3



Get your Christmas shopping done with a variety of handmade gifts!

Gift Wrapping available!

*All types of vendors - Woodworking,
Quilts, Tableware, Hand Towels, 3D Printing,
Jewelry, Holiday Decorations, Jelly's and Jam's,
Knitting and Crochet items and so much more.....*



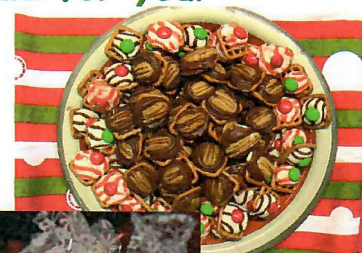
Have fun at the Photo Booth taking pictures with friends & family!



*If you are looking for some sweet treats you will find them
here. We'll have cookies, candies and Beer Bread for you!*



Merry Christmas!





*November
national days
word search
printable
from Always
the Holidays*

Y	D	C	T	E	L	E	C	T	I	O	N	D	A	Y
Y	A	D	A	V	A	L	K	A	B	M	O	Y	N	A
A	P	D	I	N	Y	A	D	N	D	E	V	A	K	D
D	P	O	G	S	D	A	S	H	E	K	L	D	I	N
S	L	Y	R	N	Y	Y	D	A	R	L	A	S	N	O
L	E	A	P	I	I	A	D	Y	S	I	L	N	D	I
U	C	D	O	D	G	V	D	A	A	T	M	A	N	T
O	I	E	S	A	Y	A	I	N	Y	R	A	R	E	P
S	D	C	K	Y	D	N	M	G	A	D	X	E	S	O
L	E	A	V	I	T	A	M	I	S	G	T	T	S	D
L	R	E	Z	S	T	C	E	R	D	K	E	E	D	A
A	D	P	D	Y	A	D	R	I	A	A	N	V	A	Y
D	A	A	S	M	A	I	Z	E	D	A	Y	A	Y	S
A	Y	A	D	S	E	K	W	A	F	Y	U	G	H	K
Y	A	D	O	S	S	E	R	P	S	E	T	E	R	T

THANKSGIVING DAY

KINDNESS DAY

XRAY DAY

MAIZE DAY

VETERANS DAY

GUY FAWKES DAY

ALL SAINTS DAY

ALL SOULS DAY

CANDY DAY