



Andover Senior Center March 2025

The MONTHLY REVIEW

Andover Senior Center, 410 Lioba, Andover, KS 316.733.4441
Hours of Operation: Mon-Thu 8:00am-4:00pm Friday 8:00am-3pm
andoverseniorcenter1@gmail.com Director-Margit Gibbons

2025 Board of Directors

JoAnn Westwood—Pres

Jim Carr - VP

Wade Brodin - Treas

Marge Horneck—Sec

Trustees

Sam Minton

Steve Frazier

Bob Linden

MARGIT GIBBONS-
DIRECTOR

AN IRISH BLESSING by William Barrett

May the wind be always at your back.

May the sun shine warm upon your face.

The rains fall soft upon your fields. And

until we meet again, May God hold you
in the palm of his hand.



Don't forget the General Membership Board Meeting on Friday, March 28th at 10:45 am. Learn about what's going on at your Senior Center. We encourage you to become active members and share your ideas. Don't forget to stay for lunch..

The Andover Senior Center is a non-profit organization. Our mission is to sponsor good fellowship and wholesome recreation for anyone over the age of 50 or over. We provide programs that allow our participants the opportunity to lead quality lives and contribute to the community.



March 2025-MENU

SUGGESTED DONATION \$5.00

Meals are subject to change

Served @ 11:30



Mon	Tue	Wed	Thu	Fri
3 Tatar Tot Casserole Mixed Veggies Roll w/Butter Dessert	4 Pork Chops Stuffing Zucchini Casserole Roll w/Butter Dessert	5 Broccoli Cheese Soup Half Sandwich Salad	6 Bacon Quiche Hash Browns Croissant Fruit Muffin	7 Cheeseburger w/all the fixings Chips Pink Salad Dessert
10 Salmon Patties Cheesy Potato Cass. Glazed Carrots Roll /Butter	11 Kielbasa Fried Cabbage Baked Potato Roll w/Butter Dessert	12 Meatloaf Mashed Potatoes Green Beans Roll w/Butter Dessert	13 Chicken Pot Pie Salad Roll w/Butter Dessert	14 BBQ Chicken Sand. Baked Beans Tatar Tots Dessert
17 Smothered Chicken Broccoli & Cheese Rice Roll w/Butter Dessert	18 Pizza Day Salad Dessert	19 FUNDRAISER Monterreys Starts @ 11am Suggested donation \$8	20 CHEF'S CHOICE	21 Sloppy Joes Potato Salad Coleslaw Dessert
24 Chicken Fried Steak Mashed Potatoes Gravy Green Beans Dessert	25 Frito Chili Pie W/All the Fixings Corn Dessert	26 Spaghetti w/Sauce Meatballs Garlic Bread Salad Dessert	27 Chefs Salad Cottage Cheese Hard Boiled Egg Crackers Dessert	28 Fish Sandwich Coleslaw 3 Bean Salad Dessert
31 BBQ Chicken Sand. Baked Beans Tatar Tots Broccoli Salad Dessert				



MARCH ACTIVITIES

Lunch served @ 11:30



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Mon	Tue	Wed	Thu	Fri
3 9:30 Exercise 12:30 Quilters 1:00 Bridge 1:00 Pitch	4 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	5 9:30 Exercise 10:30 Bible Study 1:00 Bridge	6 9:30 Donuts w/Chief 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	7 9:30 Exercise 12:30 Bingo
10 9:30 Exercise 10:15 Memory Cafe 12:30 Quilters 1:00 Bridge 1:00 Pitch	11 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	12 9:30 Exercise 10:00 Trivia 11:00 Bible Study 1:00 Bridge 1:00 Crafting	13 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	14 9:30 Exercise 12:30 Bingo
17 9:30 Exercise 12:30 Quilters 1:00 Bridge 1:00 Pitch	18 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	19 FUNDRAISER Monterreys Starts @ 11am 1:00 Bridge	20 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	21 9:30 Exercise 12:30 Bingo
24 9:30 Exercise 10:15 Memory Cafe 12:30 Quilters 1:00 Bridge 1:00 Pitch	25 10:30 Balance Class 12:15 Pinochle 1:00 Hand & Foot	26 9:30 Exercise 10:30 Bible Study 1:00 Bridge 1:00 Crafting	27 10:30 Balance Class 12:15 Pinochle 12:30 Mahjong 12:30 Quilters 6:00 Hand & Foot 7:00 Pitch	28 9:30 Exercise 12:30 Bingo
31 9:30 Exercise 12:30 Quilters 1:00 Bridge 1:00 Pitch				

MARCH SPEAKERS & EVENTS



Monday March 3 @ 1:00	Kitchen Meeting
Tuesday March 4@10:15	Blood Pressure Checks Interim Health
Tuesday March 4 @ 11:30	Kerie with RSVP
Wednesday March 5 @ 1:00	Dr Kaycee PT Clinic
Wednesday March 5	Footcare w/Michelle by appt 946-0722
Thursday March 6 @ 11:30	Michelle with Hands2Serve– St. Vincent DePaul
Friday March 7 @ 12:00	Teresa with Lab Cab
Tuesday March 11 @ 11:30	Megan with Our Kansas Guardian
Wednesday March 12 @ 10:00	Trivia
Wednesday March 12 1:00	Crafts –ombre painting
Wednesday March 12 @ 3:00	ASC Board meeting
Friday March 14 10:30	March Madness and Tailgate lunch
Monday March 17th	St Patrick's Day (don't forget your green)
Tuesday March 18 @10:15	Blood Pressure Checks;
Wednesday March 19 @ 11:00	Monterrey Fundraiser
Thursday March 20 @ 11:30	Pam with Providence
Friday March 21 @ 12:30	Steve from Chisholm Place calling Bingo
Saturday March 22nd @ 5:00	ASC GAME Night
Tuesday March 25th @ 12:00	AARP Driving Class 733-4441 to sign-up
Wednesday March 26th @ 10:00	Book Club Held @ Andover Library
Wednesday March 26th @ 11:30	Birthday Cake provided by Inspired Advisors
Wednesday March 26th 1:00	Crafts
Wednesday March 26th	Footcare with Michelle by appt 946-0722
Friday March 28th 10:45	General Membership Board Meeting

DID YOU KNOW...

The Andover Senior Center is an IRS approved 501c3! We are financed by donations, memorials, fundraisers, grants and special events. We appreciate your membership and donations to our Center. **THANK YOU!**



March Birthdays

Josie Adams	Lois Harrold	Annie Smith
Gloria Annett	Rita Herl	Rosemary Stephens
Larry Bally	Sharon Hillman	Joyce Stevenson
Donna Brodin	Bradley Johnson	George Theoharis
Lawrence Brooks	Alice LaRosa	Janet Theoharis
James Carr	Myron Lessman	Del Thoman
Leonard Cooper	Sheilah Liebherr	Colin Turner
Curt Courtright	Donella Lingle	Lana Waite
Richard Daw	Shelly Livengood	Joanne Walker
David Dennett	Rick Mitchem	Jane Whitson
Michael Engelmann	Cheryl Parks	Janel Williams
Cecelia Figueroa	Trish Peters	
Steve Frazier	Herb Rea	Eat more
Tony Gallo	Phillip Robinson	Cake



WELCOME SPRING

Shopping for Seniors

This program is volunteer based through the **RSVP Program, 316.775.0500**. It is designed to assist seniors who cannot shop for themselves but are capable of giving their grocery order over the telephone to volunteers who then pass the list to volunteer shoppers. Highlights of this program include:

There is no cost to participants (except for cost of their groceries).

Volunteers carry the groceries into the home.

Butler County Transportation

The Butler County Transit Program through the Butler County Department of Aging is a general public transportation program that offers a variety of routes throughout the county to help meet your travel needs. All general public transportation vehicles are handicapped accessible. Butler County Transit does not furnish wheelchairs.

Currently the general public transportation rides in the Andover area are available by reservation Monday through Friday from 8:30-3:00.

To make a reservation or get information on fares, please contact the Transit Program at 316.775.0500.

Book Club

March Book: The Last Thing He Told Me

By Laura Dave At Andover Library

Wednesday March 26th @ 10:00

Call 733-4441 for more info.

It's MARCH MADNESS

Friday March 14th @10:30

**Take your best shot at our fun Mini B Ball
Tourney**

Come for games, prizes, fun!!



Andover Senior Center Wish List!

The Andover Senior Center has a running list of items we use on a weekly basis. Would you be willing to donate an item or two from the list below ?

General Area:

Bingo Prizes for Friday Bingo

12oz Styrofoam Cups

12oz Solo Cups

10" Paper plates

Heavy Plastic Forks, Knives,& Spoons

Copy Paper

Postage Stamps

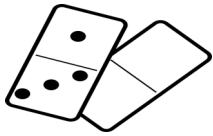
And for the pantry:

Sugar or Creamer Packets

Cake mixes

Frosting

We appreciate any and all donations made to the Center in order for us to make your membership enjoyable! **Thank you!**



SATURDAY GAME NIGHT

Join us Saturday

March 22nd @ 5pm

Cards, Dice, Games

Pot Luck Dinner

No sign up required

Bring your friends!



February Trivia Winners

Category Winners

First round winner -	Steve Frazier
Second round winner -	Virginia Kluess
Third round winner -	Steve Frazier

OVERALL WINNER

Steve Frazier

MARCH Categories

TVShow Music Theme songs,

Science & Nature

History


Come & test your knowledge

Wednesday March 12th @ 10:00am

Category Winners receive a free lunch

Overall Winner receives \$10 Gift Card.






Did You Know You Can LEARN How to Fall?!
Join Us For An Info Session with **Dr. Kaycee Adair, DPT**

ANDOVER SENIOR CENTER
WEDNESDAY MARCH 5TH @ 1 PM


We work hard to **avoid falls**, but are you ready for if one happens?

LEARN HOW TO PREPARE FOR FALLS!




IMPROVE FALL EFFICACY

- IMPROVE YOUR ABILITY TO GET UP & OFF THE GROUND & REDUCE THE IMPACT OF FALLS.



REDUCE INJURY RISK

- DISCOVER PROPER FALL TECHNIQUES TO REDUCE IMPACT AND INJURY RISK.



PREVENT 911 CALLS

- LEARN HOW IMPROVING YOUR FLOOR TRANSFERS CAN PREVENT THE NEEDING TO CALL EMERGENCY SERVICES.

PRINCIPLES OF FALL LANDING:

- Get Low
- Avoid Straight Limbs
- Tuck Your Chin
- Spread Impact Across Body
- Protect Your Head
- Stay Loose
- Don't Freeze!
- Practice on Soft Surfaces

ANDOVER 338 S. Andover Rd.
Suite 100
Andover, KS 67002
316-348-2766

NEWTON 715 Medical Center Dr.
Ste. 300
Newton, KS 67114
316-283-7187

HESSTON 701 S Main St.
Inside Hesston Wellness Ctr
Hesston, KS 67062
620-327-3482

Hands2Serve Project

Saturday April 5th, 2025


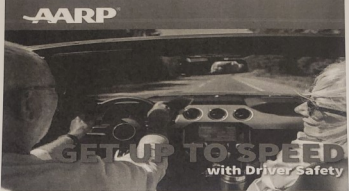
This program assists seniors in the area who may need assistance with minor repairs, yard work or similar tasks . Sign up available @ center or call 316-733-4441 to be put on the list.

Thank you to all the volunteers who make this happen.

FREE TAX PREPARATION SERVICE

AARP Foundation Tax-Aide offers free tax preparation, with a focus on older adults with low to moderate income. To schedule an appointment please call:

211 (United Way of the Plains)

Safe Driving May Save You Money By Lowering Your Insurance Premium*

Refresh your driving skills and knowledge of the rules of the road.
Learn techniques for handling left turns, right-of-way and roundabouts.
Discover proven driving methods to help keep you and your loved ones safer on the road.
This is a classroom only class, with no driving test involved.

A Class near you:

Tuesday, March 25, 2025
Registration 316-733-1303 (Andover Senior Center)
Class 12:00 pm – 4:00 pm (we will not break for lunch; you are welcome to bring your own drink and/or snack)

Location:

Andover Senior Center
420 Lioba Dr., Andover, Ks.

To save your seat:

316-733-1303
Bring cash or check payable to AARP to class
Class starts promptly at 12:00 p.m.

You must bring: cash or check, driver's license and AARP card (if member, for discount)

Fees due day of class

AARP Member, with card: \$20.00
Non-member: \$25.00

*Upon completion you may be eligible to receive an auto discount. Other restrictions may apply.

**I LOVE BEING
A SENIOR !!!**

ANDOVER SENIOR CENTER



410 Lioba Drive



MONTERREYS

Wed, March 16th starts @ 11am

Dine In or Carryout

Suggested Donation \$8.00



Stop by for a delicious lunch!

Dessert included!



Wedding Ring Quilt

80"x 80"

SILENT AUCTION

Highest bid receives the Quilt

Final bidding will be:

Friday March 28th @ 12noon.